

2011 PA Indoor Field Hockey Championship

Presented by:



February 18 – 21, 2011 in Lancaster, PA

Pool Play Scoring

Win = 2 points

Tie = 1 point

Loss = 0 point

Tie Breaker For Pool Play To Seed For Single Elimination/Championship/Consolation

1. Head to head, if game had a winner
2. Least goals allowed in all pool play games
3. Goal differential in all pool play games, max 5 goal differential per game
4. Least goals allowed in games involving tied teams
5. Goal differential in games involving tied teams, max 5 goal differential per game
6. If at this time a team or teams has been eliminated and only two teams remain tied refer to the head-to-head criteria
7. If two teams remain tied first goal scored in game

Ties In Single Elimination

1. Immediately the goalie and one other player leave field and there are no keeper privileges
2. Overtime play starts with a stickoff at the center line – play should resume as quickly as possible
3. First goal wins
4. After 3 minutes of 4v4 play, teams are reduced to 3v3.
5. In overtime, only 3 defenders are allowed in the goal on corners.
6. If a penalty shot is awarded the goalie will return for that play.
7. Next games on all fields will start at the same time. This may cause a short delay from the published schedule.

Rules & Regulations

1. USFHA outdoor rules will apply with a few modifications. (corners must go outside circle, flicks allowed, lifts not allowed except into goal)
2. Players must be female.
3. All players are required to wear mouth guards and shin guards.
4. Teams must have like colored shirts with numbers and like colored shin guards/socks.
5. The goalkeeper's jersey should be the same as her team's color, or contrasting to the opponent's jersey.
6. Both team benches must be on the same side of the field.
7. Substitutions will be made on the fly, with the player entering at mid-field, and the player exiting must be off the field before the replacement player enters the field. No player substitutions on corners.
8. Players may not wear jewelry on the field.
9. Goalkeepers must be fully equipped.
10. Team captains/contacts are encouraged to anticipate team color conflicts, and seek a set of contrasting scrimmage vests from the KSG headquarters prior to the start of competition, when necessary.
11. Each field will have its own clock and scoreboard, but games on all fields will start at approximately the same time.
12. Teams should be ready to play 50-60min. early. We will play ahead when possible.
13. Turf shoes (small multi-studded) or flat shoes are recommended.

14. Three defensive players plus the goalie are allowed on corners. (see reverse side for more details)
15. Teams are responsible for their own athletic training needs. Ice is available at KSG desk.
16. Five players plus goalie are permitted on the field for each team.
17. Players receiving a red card ejection are expelled from the tournament.
18. Field size 80' x 175' (2 fields) and 70' x 150' (1 field) with regulation size goals.
19. Self Start Rule will be used.

The player may restart the ball after a foul. She must make a separate move when starting. E.g. cover the ball, stop the ball.

The player committing that foul may not play that player until she has moved five meters, similar to a five meter bubble around the player with the ball.

The ball should be started close to the foul.

Inside the 25:

All players must be five meters away from the player with the ball, and the ball must move five meters before entering the circle.

There is no striking the ball into the circle until it has moved five meters.

The ball must be placed five meters away from the circle line after a foul near the circle.

For further explanation, please visit and follow Rule #'s 13.1 and 13.2, and pages 29-32.

<http://www.fihockey.org/vsite/vfile/page/fileurl/0,11040,1181-195549-212772-148180-0-file,00.pdf>

20. Penalty Corners- On a penalty corner the defending team may have three players and the goalkeeper behind the backline with their sticks. The remaining two defending players shall be at the top of the other circle.

Directions to the Lanco Fieldhouse

1901 Miller Rd., East Petersburg, PA 17520, www.lancofieldhouse.com

From the PA Turnpike

Take PA Turnpike exit 21

Take Rte 222 South to Rte 30 West

Stay in the left lanes on 30 West and bear left at the 30/283 split

Bear Left onto 283 West, towards Harrisburg

Take the East Petersburg/Millersville exit (Route 741)

At the ramp make a right.

LANCO Fieldhouse will be approx. one mile on the right.

Make a right onto Miller Road to access the parking area.

From Harrisburg

Take 83 in Harrisburg to 283 (follow signs towards Airport/Lancaster)

Take 283 South towards Lancaster

Take the East Petersburg/Millersville exit (Route 741)

As soon as you exit, make a sharp right onto Route 741 towards

East Petersburg.

LANCO Fieldhouse will be less than 1 mile on the right.

Make a right onto Miller Road to access the parking area.

From Wilkes-Barre

Take I-81 South to Exit #90 Lebanon (Rt. 72) (W-B to Exit #90 = 77 miles)

Follow Rt. 72 South through Lebanon and the Boro of East Petersburg (Exit #90 to LANCO = 30 miles)

Approx. ½ mile south of East Petersburg turn right at traffic light (Miller Road)

Look for a WAWA Market on the right side of Rt. 72. As you turn onto Miller Road, the WAWA will be on your left. LANCO FIELDHOUSE is the large building across the street from the WAWA.