

# 2013 State Games of America



## *Figure Skating Championships*

**July 31 - August 1-4, 2013**

**York City Ice Rink, Twin Ponds East & West, and Klick Lewis Arena  
Greater Hershey / Harrisburg, Pennsylvania**

**Hosted by:**

**Keystone State Games, Inc. in cooperation with the White Rose Figure Skating Club & the Central Pennsylvania Figure Skating Club**



**Compete against the best from throughout the United States in an Olympic-style competition for Gold, Silver, and Bronze**

**Locations:** York City Ice Arena, 941 Vander Ave., York, PA 17403 Phone: 717-848-1084  
Twin Ponds East, 3904 Corey Road Harrisburg, PA 17109  
Twin Ponds West, 200 Lambs Gap Road Mechanicsburg, PA 17050  
Klick Lewis Arena, 101 Landings Drive, Annville, PA 17003

**Dates:** July 31 - August 1-4, 2013

**Competition Eligibility:** *This competition is sanctioned by U.S. FIGURE SKATING.*

Competition is open to all female and male skaters who meet at least **ONE** of the following guidelines:

- A full-time resident of Pennsylvania.
- A full-time student at an academic institution in Pennsylvania.
- A registered member of a figure skating club in Pennsylvania. The club must be the athlete's exclusive "contact" within the sport.
- Athletes that have won a medal in their local 2011, 2012, or 2013 State Games Figure Skating Competitions that have received an invitation to the 2013 State Games of America
- An athlete that received a medal at the 2011 State Games of America in San Diego.

Skaters must also be in good standing with U.S. FIGURE SKATING. Age and test status as of June 1, 2013 determines skater's level.

U.S. FIGURE SKATING skaters may compete at their passed and registered freestyle test levels or one level higher except for Theater on Ice Teams. Theater on Ice Teams may not skate up a level but must enter the division that reflects their member's test level as of the cutoff date for entries.

**REGISTRATION INFORMATION:**

**Register Online:** [www.stategames2013.com](http://www.stategames2013.com)

The entry fee varies depending on the number of events entered. Use the following to determine the cost of competition: one event is \$85, two events are \$135, three events are \$185, four events are \$235. Maximum 4 individual events total. Theatre on Ice First event \$55 per team plus \$10 per team member, second event for the same team \$30 plus \$10 per team member. Theatre on Ice events will not count towards the maximum of 4 individual events.

**Entry Deadline:** June 1, 2013. Walk-on registration will not be accepted.

**Competition Guidelines:**

**U.S. FIGURE SKATING Competition and Standards:** U.S. FIGURE SKATING competition will be held Wednesday July 31 – Sunday August 4, 2013, and will include ladies and men's Free Skate, Artistic, Showcase, Solo Dance, Adult Free Skate, Compulsory Moves, Pro Am Couple Dance, and Competitive Test Track. A finalized schedule will be posted at the completion of registration on June 1, 2013. The 2013 U.S. FIGURE SKATING Rule Book will govern the competition. The 6.0 judging system will be used this year.

**US FIGURE SKATING Coaches:** You must comply with the coach's registration requirement in order to be allowed to coach at the State Games of America Figure Skating Championships per U.S. FIGURE SKATING.

**Changes to Entry Form:** Once the entry materials are received, skaters will not be allowed to enter additional events, unless the athlete re-registers for the events separately. However, they may change events. The Tentative deadline to make changes of any kind is June 1, 2013.

**Music:** Skaters must furnish their own music. Mini Disks or CDs are acceptable. (CDs are preferred) Only one track per CD and no re-writable CDs. CDs must be clearly marked with the skater's name and event. All music must be checked-in at the registration desk one hour before each skater's event. Music must be picked up immediately after the skater's event.

**Awards:** Medals will be awarded to skaters placing first, second, or third in each event.

**Contacts:**

**KSG Director of Events:** James J Costello –570-760-0352 Cell or [jcostello@ksgoffice.com](mailto:jcostello@ksgoffice.com)  
**Technical Support Online Registration:** Brian Costello – [brian@premiersportingevents.com](mailto:brian@premiersportingevents.com)  
**U.S. Figure Skating Coordinator:** Rose Yingling, [r57ying@aol.com](mailto:r57ying@aol.com) 717-793-0386  
**Chief Referee:** Bob LaMontagne, [bob.lamontagne@gmail.com](mailto:bob.lamontagne@gmail.com)  
**Chief Accountant:** Joanne Nipple  
**Music Coordinator York Ice Arena:** Bill Bikle  
**Central PA FSC:** President, Becky Hilgers

**Facilities:** York City Ice Arena has two ice surfaces that are 200'x85'. Locker rooms will be available. The snack bar will be open during the competition. Twin Ponds East includes two 200' x 85' NHL standard size rinks and one 45' x 85' rink named the "PUDDLE". This facility includes 8 locker rooms, 4 party rooms, Twin Ponds Café and the full-service Pro Shoppe. Twin Ponds West, has one NHL standard size rink. In addition to the rink, there are 5 locker rooms, 6 party rooms, Twin Ponds Café and the full-service Pro Shoppe. Klick Lewis Arena has two sheets of ice and full amenities for participants and spectators

**Practice Ice:** Practice ice will be available depending on the final competition schedule. More information on practice times will be posted on the websites [www.stategames2013.com](http://www.stategames2013.com) and <http://www.whiterosefsc.org> at the conclusion of registration.

**Schedule Of Events:** The schedule of events is determined by the total number of entries and by the number of entries in each event. Check websites: [www.stategames2013.com](http://www.stategames2013.com) and <http://www.whiterosefsc.org/>

Admission for Spectators will be charged appropriately at each venue.

## 6.0 FREE SKATE

### U.S. FIGURE SKATING Events & Requirements – Skaters may skate at their test level, or one level higher

Event	Requirements	Time
No Test	Skaters who have not passed any tests. Axels or double jumps are not allowed. Refer to Rule 4280	1 min 30 sec +/- 10
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. Refer to Rule 4270	1 min 30 sec +/- 10
Preliminary	Skater who have passed Preliminary FS but no higher. Refer to Rule 4260	1 min 30 sec +/- 10
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher. Refer to Rule 4250	2 min +/- 10
Juvenile	Skaters who are age 13 or younger and have passed Juvenile FS but no higher. Refer to Rule 4240	2 min 15 sec +/- 10
Open Juvenile	Skaters who are age 14 and older and have passed Juvenile FS but no higher. Refer to Rule 4240	2 min 15 sec +/- 10
Intermediate- Long	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min 30 sec
Intermediate- Short	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min max
Novice- Long	Skaters who have passed Novice FS but no higher. Refer to Rule 4220	Ladies- 3 min Men- 3 min 30 sec
Novice- Short	Skaters who have passed Novice FS but no higher. Refer to Rule 4220 (ladies) 4220 (mens)	2 min 30 sec max
Junior- Long	Skaters who have passed Junior FS but no higher. Refer to Rule 4210	Ladies-3 min 30 sec Men- 4 min
Junior-Short	Skaters who have passed Junior FS but no higher. Refer to Rule 4210 (ladies) 4210 (mens)	2 min 50 sec max
Senior- Long	Skaters who have passed Senior FS. Refer to Rule 4200	Ladies- 4 min Men- 4 min 30 sec
Senior- Short	Skaters who have passed Senior FS. Refer to Rule 4200 (ladies) 4200 (mens)	2 min 50 sec max
<i>FS= abbreviation for Freestyle</i>	<i>Short and Long Programs are considered separate events. One skater may enter both events.</i>	
<i>Short Program rules Both the 2012-2013 or the 2013- 14 elements will be accepted</i>	<b>Additional information on Requirements may be found online at <a href="http://www.usfigureskating.org/New_Judging.asp?id=355">http://www.usfigureskating.org/New_Judging.asp?id=355</a></b>	

### COMPULSORY MOVES - Skaters may skate at their test level, or one level higher

Event	Requirements (in any order)	Time
No Test	No test passed. 1. Two foot spin (3 revolutions min); 2. Two (2) Bunny hops; 3. Backward skating )crossovers or stroking); 4. Full stops; 5. Stroking forward	45 sec max
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. 1. Waltz jump; 2. One foot spin (3 revolutions min); 3. Consecutive forward inside & outside edges; 4. Toe loop; 5. Salchow	60 sec max
Preliminary	Skaters who have passed Preliminary FS but no higher. 1. Camel spin (3 revolutions min); 2. Loop jump; 3. Waltz jump-toe loop combination; 4. Consecutive inside and outside spirals; 5. Flip jump	60 sec max
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher 1. Lutz jump; 2. Sit spin (4 revolutions min); 3. 5 step mohawk sequence right & left; 4. Waltz jump, loop jump combination; 5. Girls– Layback spin (3 revolutions min) Boys- Camel sit spin (3 revolutions min)	80 sec max
Juvenile	Skaters who have passed Juvenile FS but no higher. 1. Girls- Layback spin (5 revolutions min) Boys– Camel sit spin (5 revolutions min); 2. Axel; 3. Spin combination with change foot, change of position (4 revolutions min on each foot); 4. Double Salchow; 5. Back power 3 turns; 6. Footwork sequence-straight line	90 sec max

Skating is done on half the ice surface in the categories of Tots, No-Test, Pre-Preliminary, Preliminary, Pre-Juvenile. Full ice surface will be utilized for Juvenile. No music will be utilized for this event. Required elements may be skated in any order. Additional jumps or spins are not permitted, and will result in deductions if included.

## U.S. FIGURE SKATING Events & Requirements (Cont'd)

Skaters may skate at their test level, or one level higher for all events on this page

### ADULT FREE SKATE

Age Classes 1-4 will be used, although groupings may be merged together without prior notification to provide for a competitive event. Flying spins and lutz, axles, double jumps are not permitted in Pre Bronze competition. Rule 4500	Event	Time
	<b>Adult Pre Bronze</b>	Not to exceed 1 min 40 sec
	<b>Adult Bronze</b>	Not to exceed 1 min 50 sec
	<b>Adult Silver</b>	Not to exceed 2 min 10 sec
	<b>Adult Gold</b>	Not to exceed 2 min 40 sec

### PRO-AM COUPLE DANCE

Professional-Amateur Dance Competition will be grouped by age and skating level, as entries warrant. Professionals may skate unlimited times at no fee with paid eligible skaters.	Event	Requirements (amateurs)	# of Patterns	Dances
	<b>Pre-Bronze</b>	Have not passed Bronze	2	Fiesta Tango
	<b>Bronze</b>	Have not passed Pre-Silver	2	Ten Fox
	<b>Silver</b>	Have not passed Pre-Gold	2	Rocker Fox Trot
	<b>Gold</b>		3	Quickstep

### ARTISTIC

Music may be instrumental or vocal. No jump higher than an axel. Event will be judged on artistic impression and interpretation of the music.

Event	Time	Event	Time
<b>Pre-Preliminary</b>	1:30 max	<b>Junior and Senior</b>	2:40 max
<b>Preliminary and Pre-Juvenile</b>	1:40 max	<b>Adult: 21 and over</b>	1:40 max
<b>Juvenile thru Novice</b>	2:10 max		

### SOLO DANCE

Event	Requirements	Patterns	Dances
<b>Preliminary</b>	May not have passed any Pre-Bronze Dances	2	Canasta Tango
<b>Pre-Bronze</b>	May not have passed any Bronze Dances	2	Swing
<b>Bronze</b>	May not have passed any Pre-Silver Dances	2	Hickory Hoedown
<b>Pre-Silver</b>	May not have passed any Silver Dances	2	European Waltz
<b>Silver</b>	May not have passed any Pre-Gold Dances	2	Silver Tango
<b>Pre-Gold</b>	May not have passed any Gold Dances	2	Starlight Waltz
<b>Gold</b>	Passed Gold Dances	3	Quickstep

### SHOWCASE

The level is determined by the Freestyle tests. Effort will be made to separate groups from individual entrants. No jump higher than an axel. Live animals, flame or smoke oriented props, or anything that would alter the ice surface such as shaving cream, glitter, or dry ice are prohibited. Props must be carried on and off the ice by the participant(s) in one trip. Emphasis is placed on the illustration of the character through the music, costumes, props, and overall audience appeal. Music may be vocal. Judged on originality of program, props, and interpretation of music and costume.

Event	Time	Event	Time
<b>Pre-Preliminary</b>	1:30 max	<b>Junior and Senior</b>	2:40 max
<b>Preliminary and Pre-Juvenile</b>	1:40 max	<b>Adult 21 &amp; Over</b>	1:40 max
<b>Juvenile thru Novice</b>	2:10 max		

## Competitive Test Track

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element.
- 0.1 for any spin with less than required revolutions.

**Skaters may skate at their test level, or one level higher**

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
<b>Limited Beginner</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front).  <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Beginner</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only.  <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Pre-Preliminary Test</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only.  <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, not flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary Test</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels).  <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
<b>Pre-Juvenile Test</b> Time: 2:00 +/-10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels).  <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

<b>LEVEL</b>	<b>JUMP ELEMENTS</b>	<b>SPINS</b>	<b>STEPS</b>	<b>QUALIFICATIONS</b>
<b>Juvenile Test</b> Time: 2:15 +/-10	<i>Max 5 jump elements:</i> Any single jumps with not more than 1 ½ rotations (Axel permitted) <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
<b>Intermediate Test</b> Time: 2:30 +/-10	<i>Max 6 jump elements:</i> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins of a different nature:</i> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
<b>Novice Test</b> Time: Ladies 3:00 +/-10 Men 3:30+/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly	One step or spiral sequence fully utilizing ice surface.  (see rule 4220 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
<b>Junior Test</b> Time: Ladies 3:30 +/-10 Men 4:00+/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence fully utilizing ice surface.  (See rule 4210 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
<b>Senior Test</b> Time: Ladies 4:00 +/-10 Men 4:30+/-10	<i>Max 8 jump elements for men and 7 for ladies</i> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot).	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. Patterns can be of the same nature. (See rule 4105)  Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See charts in rule 4200 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

## BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

**Skaters may skate at their test level, or one level higher**

<p><b><u>Snowplow Sam 1-3:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward crossovers 4-6 consecutive in both directions</li> <li>2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>3. Side toe hop -either direction</li> <li>4. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place- forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump- either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide – either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers 4-6 consecutive both directions</li> <li>2. Standstill forward outside three- turn - R &amp; L</li> <li>3. Backward stroking - 4-6 strokes</li> <li>4. Backward snowplow stop - R or L</li> </ol>	



## FREE SKATE 1-6 PROGRAM EVENT

**Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.**

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

**Skaters may skate at their test level, or one level higher**

<b>Free skate 1</b>	<b>Free skate 4</b>
<ol style="list-style-type: none"> <li>1. Advanced forward stroking 4-6 strokes</li> <li>2. One-foot upright scratch spin from back crossovers- minimum three revolutions</li> <li>3. Waltz jump from back crossovers</li> <li>4. Half flip jump</li> </ol>	<ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive sets R or L</li> <li>2. Sit spin-minimum three revolutions</li> <li>3. Loop jump</li> <li>4. Waltz jump/loop jump combination</li> </ol>
<b>Free skate 2</b>	<b>Free skate 5</b>
<ol style="list-style-type: none"> <li>1. Forward outside spiral R or L</li> <li>2. Beginning back spin- minimum two revolutions</li> <li>3. Waltz jump, side toe hop, waltz jump sequence</li> <li>4. Toe loop jump</li> </ol>	<ol style="list-style-type: none"> <li>1. Camel spin-minimum three revolutions</li> <li>2. Forward upright spin to back upright spin- minimum three revolutions each foot</li> <li>3. Loop/loop jump combination</li> <li>4. Flip jump</li> </ol>
<b>Free skate 3</b>	<b>Free skate 6</b>
<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Back spin-minimum three revolutions</li> <li>3. Salchow jump</li> <li>4. Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ol>	<ol style="list-style-type: none"> <li>1. Camel/sit spin combination-minimum four revolutions total</li> <li>2. Split or stag jump</li> <li>3. Waltz jump/1/2 loop /Salchow jump sequence</li> <li>4. Lutz jump</li> </ol>

## THEATRE ON ICE EVENTS

### CHOREOGRAPHIC EXERCISE (CE) AND FREE SKATE

Current Guidelines and Rules for Theatre On Ice Choreographic Exercise (CE) and Free Skate can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under Programs and on the Theatre On Ice page.

Curtain: There will not be any curtain used at this event for the Theatre On Ice events

Theatre On Ice teams can qualify for State Games of America by any of the following methods:

1. Qualifying at their local state games.
2. Placing top 3 places at Theatre On Ice Nationals in the preceding two years (2012 or 2011)
3. Placing top 3 places at the preceding two National Showcase competitions (2012 or 2011)
4. Placing top 3 places in the preceding State Games of America

Theatre On Ice consists of two programs the Free Skate and the Choreographic Exercise (CE), which is similar to a short program in singles skating. These two events are judged separately.

Please refer to the Theater on Ice 2013 guidelines on the U.S. Figure Skating website: Go to Programs, then to Theatre On Ice.

Note: A team may not skate in more than one division. Teams may not skate up a level but must enter the division that reflects their member's test level as of the cutoff date for entries.

### THEATRE ON ICE CHOREOGRAPHIC EXERCISE (CE)

All team members must wear all black. The focus must be on the three elements described. Please visit the Theatre On Ice webpage for videos of CE elements.

Teams create a program based on three elements for the 2013 season:

- **Style: Cultural Dance** - Movement and music based on the tradition and culture of a geographic location. Ex. Folkdance, African Dance, Indian Dance, Irish Step-dance, etc.
- **Choreographic Process – Repetition** – Repeating a motif, gesture, or larger sequence of movement throughout the number.
- **Body Movement – Level Change** – Showing variations of the height of body movement: Low, (lunges, sit spin, ice level body movement, etc.) Medium (camel spin, Ina Bauer, etc.) or High (jumps, leaps, or lifts etc.)

## **Theatre On Ice Events and Levels Offered For Competition**

### **Senior**

#### **Test, Team Size and Age Requirements**

Maximum Test qualifications as of December 1, 2012

Minimum Test qualifications as of 30 days prior to the close of entries for State Games of America competition

**100% must have must have passed the Preliminary or Adult Pre-Bronze MIF test**

**More than 50% of the team must have passed the Juvenile or Adult Gold FS Test or higher**

**No age restrictions**

#### **Program Duration**

**CE 2:30 +/- 10 seconds**

**Free Skate 6:00 +/- 15 seconds**

### **Junior**

#### **Test, Team Size and Age Requirements**

Maximum Test qualifications as of December 1, 2012

Minimum Test qualifications as of 30 days prior to the close of entries for State Games of America competition

**100% must have must have passed the Preliminary or Adult Pre-Bronze MIF test**

**No more than 50% of the team may have passed the Juvenile or Adult Gold FS test or higher**

**No age restrictions**

#### **Program Duration**

**CE 2:30 +/- 10 seconds**

**Free Skate 6:00 +/- 15 seconds**

### **Novice**

#### **Test, Team Size and Age Requirements**

Test qualifications as of December 1, 2012

Minimum Test qualifications as of 30 days prior to the close of entries for State Games of America competition

**100% must have must have passed the Pre-preliminary MIF test**

**No one on the team may have passed the Juvenile or Adult Gold FS test.**

**80% of the team must be under age 15 as of December 1<sup>st</sup> of the Competition year**

**No skater may have reached the age of 19 as of December 1st of the competition year.**

**Program Duration CE 2:30 +/- 10 seconds**

**Free Skate 5:00 +/- 15 seconds**

**Adult****Test, Team Size and Age Requirements**

Minimum Test qualifications as of 30 days prior to the close of entries for State Games of America competition

**100% of the team must have passed at least one US Figure Skating MIF, Freestyle, Dance or Pairs test (not including Basic Skills)**

**100% of the team must have reached the age of 18 years as of the December 1<sup>st</sup> preceding the competition.**

**Program Duration**

CE 2:30 +/- 10 seconds

Free Skate 6:00 +/- 15 seconds

**Preliminary****Test, Team Size and Age Requirements**

Maximum Test qualifications as of December 1, 2012

**Minimum of 8- maximum of 20 skaters on team**

**100% of the team must have mastered the skills of the Basic Skills Free Skate 1 badge test and may not have passed any test higher than Pre-Preliminary MIF test. All skaters must be full members of U.S. Figure Skating.**

**Age requirement as of December 1st of the preceding year: Skaters must be 17 years of age or under.**

**Program Duration**

CE 2:00 +/- 10 seconds

Free Skate 2:30 +/- 10 seconds

**Open****Test, Team Size and Age Requirements**

Test qualifications as of 30 days prior to the close of entries for State Games of America competition

**Minimum of 8 skaters and Maximum of 20 skaters on a team**

**100% of the team must have passed at least one US Figure Skating Moves in the Field test Freestyle, Dance or Pairs test (not including Basic Skills)**

**No age restrictions**

**Program Duration**

CE 2:30 +/- 10 seconds

Free Skate 5:00 +/- 15 seconds

Theatre On Ice teams may have no fewer than eight (8) members all of whom must skate at some point during the number. A team may have an unlimited number of alternates but no more than 30 may skate in a competition. Preliminary and Open level teams are limited to a maximum of twenty (20) skaters on a team.

# **BASIC SKILLS THEATRE ON ICE**

**Program Format:** The competitive programs shall create a story based on the theme while demonstrating the choreographic process and gesture or movement. Programs should contain skating skills from the Basic Skills program levels listed. Elements from higher levels are not allowed. Elements from lower levels are encouraged. Coaches should refer to the US Figure Skating Basic Skills Instructor's Manual for further details on the elements.

Props, Scenery and Theatrical makeup are not allowed.

## **TOI/CE 1**

- **THEME: JOY**
- **CHOREOGRAPHIC PROCESS - REPETITION**
- **MOVEMENT OR GESTURE - RAPID MOVEMENT**

Program length is 1 ½ mi. +/- 10 sec.

Skaters should demonstrate elements from the Basic Skills Program levels 1 through 4.

Elements from higher levels are not allowed.

## **TOI/CE 2**

- **THEME - FEAR**
- **CHOREOGRAPHIC PROCESS - CASCADE**
- **MOVEMENT OR GESTURE - ROUND MOVEMENT**

Program length is 1 ½ min. +/- 10 sec.

Skaters should demonstrate elements from the Basic Skills Program levels 5 through 8.

Elements from higher levels are not allowed.

## **TOI/CE 3**

- **THEME: ANGER**
- **CHOREOGRAPHIC PROCESS - MIRROR**
- **MOVEMENT OR GESTURE - SHARP MOVEMENT**

Program length is 1 ½ min. +/- 10 sec.

Skaters should demonstrate elements from the Basic Skills Free Skate 1 through 3.

Elements from higher levels are not allowed.

## **TOI/CE 4**

- **THEME: GROWTH**
- **CHOREOGRAPHIC PROCESS - CANON**
- **MOVEMENT OR GESTURE – SLOW MOVEMENT**

Program length is 1 ½ min. +/- 10 sec.

Skaters should demonstrate elements from the Basic Skills Free Skate 4 through 6.

Elements from higher levels are not allowed.

Please refer to the Basic Skills Instructor's Manual for more detailed information on Theatre On Ice 1-4.