

2013 State Games of America



Figure Skating Championships

July 31 - August 1-4, 2013

**York Ice Rink, Twin Ponds East & West, and Klick Lewis Arena
Greater Hershey / Harrisburg, Pennsylvania**

Hosted by:

Keystone State Games, Inc. in cooperation with the White Rose Figure Skating Club & the Central Pennsylvania Figure Skating Club



**REGISTRATION WILL OPEN ONCE EVENT IS SANCTIONED BY US FIGURE SKATING AND
ENDORSED BY ICE SKATING INSTITUTE – TENTATIVE DATE IS FEBRUARY 1, 2013**

**Compete against the best from throughout the United States in
an Olympic-style competition for Gold, Silver, and Bronze
medals, and 4th-6th place ribbons.**

Location: York Ice Arena, 941 Vander Ave., York, PA 17403 Phone: 717-848-1084
Twin Ponds East, 3904 Corey Road Harrisburg, PA 17109
Twin Ponds West, 200 Lambs Gap Road Mechanicsburg, PA 17050
Klick Lewis Arena, 101 Landings Drive, Annville, PA 17003

Dates: July 31 - August 1-4, 2013

Competition Eligibility: *This competition is sanctioned by the US FIGURE SKATING and endorsed by the ISI.*

Competition is open to all female and male skaters who meet at least **ONE** of the following guidelines:

- A full-time resident of Pennsylvania.
- A full-time student at an academic institution in Pennsylvania.
- A registered member of a figure skating club in Pennsylvania. The club must be the athlete's exclusive "contact" within the sport.
- Athletes that have won a medal in their local 2011, 2012, or 2013 State Games Figure Skating Competitions that have received an invitation to the 2013 State Games of America
- An athlete that received a medal at the 2011 State Games of America in San Diego.

Skaters must also be in good standing with either the US FIGURE SKATING or the ISI. Age and test status as of June 1, 2013 determines skater's level. US FIGURE SKATING skaters may compete at their passed and registered freestyle test levels or one level higher. Individual members of the US FIGURE SKATING who are registered with the ISI are eligible to compete in accordance with the ISI/US FIGURE SKATING joint statement policy. US FIGURE SKATING adults over age 21 who have passed the bronze test may compete in Freestyle 3.

REGISTRATION INFORMATION:

Register Online – Discount Entry Fee: We are providing athletes with an online discount when registering for the PA Skating Championships. The entry fee varies depending on the number of events entered. Use the following to determine the cost of competition: one event is \$100 two events are \$120, three events are \$140, four events are \$155, five events are \$165, and six events are \$175. US FIGURE SKATING and ISI events are cumulative (example: enter two US FIGURE SKATING events and one ISI event = \$140) Maximum 6 individual events total.

Mail-in Entry Fee: The entry fee varies depending on the number of events entered. Use the following to determine the cost of competition: one event is \$120, two events are \$140, three events are \$160, four events are \$175, five events are \$185, and six events are \$195. US FIGURE SKATING and ISI events are cumulative (example: enter two US FIGURE SKATING events and one ISI event = \$160). Maximum 6 individual events total. A \$25.00 late fee will be charged to all late entries if accepted. Complete the 2013 US FIGURE SKATING and/or ISI registration form(s) and mail with the appropriate entry fee to: Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Make checks or money orders payable to Keystone State Games, Inc.

Entry Deadline: Will be announced as age groups and divisions begin to fill. Tentative Deadline is May 3, 2013. Walk-on registration will not be accepted.

Competition Guidelines:

US FIGURE SKATING Competition and Standards: US FIGURE SKATING competition will be held Wednesday July 31 – Sunday August 4, 2013, and will include female and male Free Skate, Artistic, Showcase, Solo Dance, Adult Free Skate, Compulsory Moves, Pro Am Couple Dance, and Competitive Test Track. A finalized schedule will be posted at the completion of registration on June 1, 2013. The 2012 - 2013 US FIGURE SKATING Rule Book will govern the competition. The 6.0 judging system will be used this year.

US FIGURE SKATING Coaches: You must comply with the coach's registration requirement in order to be allowed to coach at the Pennsylvania Skating Championships per US FIGURE SKATING.

ISI Competition and Standards: ISI competition is for all levels of achievement and will be held Wednesday July 31 – Sunday August 4, 2013. Events include Freeskating (Tots through Open); Footwork (FS 1-10); Spotlight (Tots through FS 10); and Jump and Spin (Low through High); Compulsory Moves (Pre-alpha through FS 10); Stroking (Pre-Alpha through Delta) Synchronized, Ensemble and Production Team Events. A finalized schedule will be posted at the completion of registration.

ISI Coaches are required to register for Judges Credentials prior to competition. In order to receive a judging credential they must be a current ISI professional member and have passed a judges certification test. In addition, if they did so prior to October 1, 2011, must have taken and passed a 2012 Update test.

Changes To Entry Form: Once the entry materials are received, skaters will not be allowed to enter additional events, unless the athlete re-registers for the events separately. However, they may change events. The Tentative deadline to make changes of any kind is May 17, 2013 .

Music: Skaters must furnish their own music. Mini Disks or CDs are acceptable. (CDs are preferred) Only one track per CD and no re-writable CDs. CDs must be clearly marked with the skater's name and event. All music must be checked-in at the registration desk one hour before each skater's event. Music must be picked up immediately after the skater's event.

Awards: Medals will be awarded to skaters placing first, second, or third in each event. Ribbons will be awarded to skaters placing fourth, fifth, or sixth in each event. A team trophy will be awarded for both USFSA and ISI Divisions to reward the state with the most points. The points for the trophies will be 6 pts. for first, 5 pts. for second, 4 pts. for third, 3 pts. for fourth, 2 pts. for fifth, and 1 pt. for sixth.

Contacts:

KSG Director of Events: James J Costello –570-760-0352 Cell or jcostello@ksgoffice.com

Technical Support Online Registration: Brian Costello – brian@premiersportingevents.com

US Figure Skating Coordinator: Denny Enfield, 717-332-9093, dcenfield@msn.com

White Rose FSC Competition Chair: Rose Yingling, 717-793-0386, r57ying@aol.com

Consultant: Gene Burton, 717-524-7018, g_burton@comcast.net

Chief Referee: Jane Reno, dyreno@verizon.net

Chief Accountant: Maxine Ganter

Assistant Accountant: Michael Elmaleh, melmaleh@yahoo.com

Music Coordinator York Ice Arena: Bill Bikle

ISI Skating Coordinator: Alexis Cunningham, 814-244-7415, icesk885@aol.com

Central PA FSC: President, Becky Hilgers

Facilities: York City Ice Arena has two ice surfaces that are 200'x85'. Locker rooms will be available. The snack bar will be open during the competition. Twin Ponds East includes two 200' x 85' NHL standard size rinks and one 45' x 85' rink named the "PUDDLE". This facility includes 8 locker rooms, 4 [party rooms](#), Twin Ponds Café and the full-service Pro Shoppe. Twin Ponds West, has one NHL standard size rink. In addition to the rink, there are 5 locker rooms, 6 party rooms, Twin Ponds Café and the full-service Pro Shoppe.

Practice Ice: Practice ice will be available depending on the final competition schedule. More information on practice times will be posted on the website at the conclusion of registration.

Schedule Of Events: The schedule of events is determined by the total number of entries and by the number of entries in each event.

6.0 FREE SKATE
US FIGURE SKATING Events & Requirements

Event	Requirements	Time
Tots	Skaters who are age 7 and under, No test passed. Jumps allowed are: waltz jump, salchows, toe loop, 1/2 flip, and 1/2 lutz.	1 min 30 sec +/- 10
No Test	Skaters who have not passed any tests. Axels or double jumps are not allowed. Rule 4280	1 min 30 sec +/- 10
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. Rule 4270	1 min 30 sec +/- 10
Preliminary	Skater who have passed Preliminary FS but no higher. Axels permitted and up to two different double jumps that can be repeated in combination or sequence. Double flip, double Lutz, double Axel and triple jumps are not permitted. Rule 4260	1 min 30 sec +/- 10
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher. Axels and up to three double jumps are permitted. Refer to Rule 4250	2 min +/- 10
Juvenile	Skaters who are age 13 or younger and have passed Juvenile FS but no higher. No more than 3 double jumps may be repeated (1 each), but only as part of combo or sequence. Max of 2 of any double jump. No triple jumps. Rule 4240	2 min 15 sec +/- 10
Open Juvenile	Skaters who are age 14 and older and have passed Juvenile FS but no higher. No more than 3 double jumps may be repeated (1 each), but only as part of combo or sequence. Max of 2 of any double jump. No triple jumps. Refer to Rule 4240	2 min 15 sec +/- 10
Intermediate- Long	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min 30 sec
Intermediate- Short	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min max
Novice- Long	Skaters who have passed Novice FS but no higher. Refer to Rule 4220	Ladies- 3 min Men- 3 min 30 sec
Novice- Short	Skaters who have passed Novice FS but no higher. Refer to Rule 4220 (ladies) 4220 (mens)	2 min 30 sec max
Junior- Long	Skaters who have passed Junior FS but no higher. Refer to Rule 4210	Ladies-3 min 30 sec Men- 4 min
Junior-Short	Skaters who have passed Junior FS but no higher. Refer to Rule 4210 (ladies) 4210 (mens)	2 min 50 sec max
Senior- Long	Skaters who have passed Senior FS. Refer to Rule 4200	Ladies- 4 min Men- 4 min 30 sec
Senior- Short	Skaters who have passed Senior FS. Refer to Rule 4200 (ladies) 4200 (mens)	2 min 50 sec max
<i>FS= abbreviation for Freestyle</i>	<i>Short and Long Programs are considered separate events. One skater may enter both events.</i>	
<i>Short Program rules 2011- 12elements</i>		
COMPULSORY MOVES		
Event	Requirements (in any order)	Time
Tots - Ages 7 and under	No test passed. 1. Two foot spin (3 revolutions min); 2. Two (2) Bunny hops; 3. Backward skating (crossovers or stroking); 4. Full stops; 5. Stroking forward	45 sec max
No Test - Age 8 and older	No test passed. 1. Two foot spin (3 revolutions min); 2. Two (2) Bunny hops; 3. Backward skating)crossovers or stroking); 4. Full stops; 5. Stroking forward	45 sec max
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. 1. Waltz jump; 2. One foot spin (3 revolutions min); 3. Consecutive forward inside & outside edges; 4. Toe loop; 5. Salchow	60 sec max
Preliminary	Skaters who have passed Preliminary FS but no higher. 1. Camel spin (3 revolutions min); 2. Loop jump; 3. Waltz jump-toe loop combination; 4. Consecutive inside and outside spirals; 5. Flip jump	60 sec max
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher 1. Lutz jump; 2. Sit spin (4 revolutions min); 3. 5 step mohawk sequence right & left; 4. Waltz jump, loop jump combination; 5. Girls- Layback spin (3 revolutions min) Boys- Camel sit spin (3 revolutions min)	80 sec max
Juvenile	Skaters who have passed Juvenile FS but no higher. 1. Girls- Layback spin (5 revolutions min) Boys- Camel sit spin (5 revolutions min); 2. Axel; 3. Spin combination with change foot, change of position (4 revolutions min on each foot); 4. Double Salchow; 5. Back power 3 turns; 6. Footwork sequence-straight line	90 sec max

Skating is done on half the ice surface in the categories of Tots, No-Test, Pre-Preliminary, Preliminary, Pre-Juvenile. Full ice surface will be utilized for Juvenile. No music will be utilized for this event. Required elements may be skated in any order. Additional jumps or spins are not permitted, and will result in deductions if included.

US FIGURE SKATING Events & Requirements (Cont'd)

ADULT FREE SKATE

Age Classes 1-4 will be used, although groupings may be merged together without prior notification to provide for a competitive event. Flying spins and lutz, axles, double jumps are not permitted in Pre Bronze competition. Rule 4500	Event	Time
	Adult Pre Bronze	Not to exceed 1 min 40 sec
	Adult Bronze	Not to exceed 1 min 50 sec
	Adult Silver	Not to exceed 2 min 10 sec
	Adult Gold	Not to exceed 2 min 40 sec

PRO-AM COUPLE DANCE

Professional-Amateur Dance Competition will be grouped by age and skating level, as entries warrant. Professionals may skate unlimited times at no fee with paid eligible skaters.	Event	Requirements (amateurs)	# of Patterns	Dances
	Pre-Bronze	Have not passed Pre-Bronze	2	Dutch Waltz
	Bronze	Have not passed Pre-Silver	2	Ten Fox
	Silver	Have not passed Pre-Gold	2	Fox Trot
	Gold		2	PaspDoble

ARTISTIC

Music may be instrumental or vocal. No jump higher than an axel. Event will be judged on artistic impression and interpretation of the music.

Event	Time	Event	Time
Pre-Preliminary and Preliminary	1 min 30 sec	Junior and Senior	2 min 30 sec +/- 10
Pre-Juvenile and Juvenile	2 min	Adult: 25 and over	2 min +/- 10
Intermediate and Novice	2 min 30 sec		

SOLO DANCE

Event	Requirements	Patterns	Dances
Preliminary	May not have passed any Pre-Bronze Dances	2	Canasta Tango
Pre-Bronze	May not have passed any Bronze Dances	2	Rhythm Blues
Bronze	May not have passed any Pre-Silver Dances	2	Hickory Hoedown
Pre-Silver	May not have passed any Silver Dances	2	European Waltz
Silver	May not have passed any Pre-Gold Dances	2	Tango
Pre-Gold	May not have passed any Gold Dances	2	Starlight Waltz
Gold	Passed Gold Dances	2	Quickstep

SHOWCASE

The level is determined by the Freestyle tests. Effort will be made to separate groups from individual entrants. No jump higher than an axel. Live animals, flame or smoke oriented props, or anything that would alter the ice surface such as shaving cream, glitter, or dry ice are prohibited. Props must be carried on and off the ice by the participant(s) in one trip. Emphasis is placed on the illustration of the character through the music, costumes, props, and overall audience appeal. Music may be vocal. Judged on originality of program, props, and interpretation of music and costume.

Event	Time	Event	Time
Pre-Preliminary	1 min 30 sec	Juvenile	2 min +/- 10
Preliminary	1 min 30 sec	Intermediate	2 min +/- 10
Pre-Juvenile	2 min	Novice and above	2 min +/- 10
		Adult 25 & Over	2 min +/- 10

BASIC SKILLS EVENTS

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- Time 1:00 minute +/- 10 seconds
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element from a higher level performed

<p>Snowplow</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p>Basic 5</p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one foot spin – free leg held to side of spinning leg – minimum of three revolutions 3. Side toe hop – either direction 4. Hockey stop
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p>Basic 6</p> <ol style="list-style-type: none"> 1. Standstill forward inside 3-turn – R & L 2. Bunny hop 3. Forward spiral on a straight line R or L 4. Lunge – R or L 5. T-stop – R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide – either foot 2. Two foot turn in place – forward to backward 3. Backward two foot swizzles 6-8 in a row 4. Forward alternating ½ swizzles pumps in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p>Basic 7</p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk – R to L and L to R 2. Ballet jump – either direction 3. Back crossovers to a back outside edge landing position clockwise and counterclockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle – either clockwise or counterclockwise 4-6 consecutive 3. Backward one foot glide – either foot 4. Forward slalom 5. Two foot spin – minimum three revolutions 	<p>Basic 8</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3-turns – R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move – clockwise or counterclockwise; two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position – minimum three revolutions
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside 3-turn – R & L 3. Backward stroking – 4-6 strokes 4. Backward snowplow stop – R or L 	

BASIC SKILLS EVENTS (CONTINUED)

FREE SKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:30 minutes +/- 10 seconds

Free Skate 1	Free Skate 4
<ol style="list-style-type: none"> 1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers – minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump 	<ol style="list-style-type: none"> 1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin – minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump
Free Skate 2	Free Skate 5
<ol style="list-style-type: none"> 1. Forward outside spiral R or L 2. Beginning back spin – minimum 2 revolutions 3. Waltz jump, side toe hop, waltz jump sequence 4. Toe Loop jump 	<ol style="list-style-type: none"> 1. Camel spin – minimum three revolutions 2. Forward upright spin to back upright spin – minimum three revolutions each foot 3. Loop/loop jump combination 4. Flip jump
Free Skate 3	Free Skate 6
<ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Back spin – minimum three revolutions 3. Salchow jump 4. Waltz jump/toe loop, or Salchow/toe loop jump combination 	<ol style="list-style-type: none"> 1. Camel/sit spin combination, minimum four revolutions total 2. Split or stag jump 3. Waltz jump/half loop/Salchow jump sequence 4. Lutz jump

US FIGURE SKATING REGISTRATION FORM

DIRECTIONS: All mail-in entrants must send this completed US FIGURE SKATING Registration Form, release, and appropriate fees to Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Entries must be sent 1st class mail and postmarked by Deadline.

Please Print or Type All Information:

Skater's Name: _____ Email: _____
(complete if you would like to receive a schedule by email)

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Date of Birth: _____ Age as of 6/1/13: _____

Grade: _____ Check: Female Male PA County: _____

US FIGURE SKATING Member #: _____ Club: _____

Highest Test Passed as of 6/1/13: _____

Moves in the field: _____ Free: _____ Dance: _____

6.0 FREE SKATE	COMP. MOVES	SOLO DANCE	SHOWCASE	ARTISTIC	ADULT FREE SKATE	PRO-AM DANCE	
Tots	Tots	Preliminary	Pre-Preliminary	Pre-Preliminary	Pre-Bronze	Pre-Bronze	
No Test	No Test	Pre-Bronze	Preliminary	Preliminary	Bronze	Bronze	
Pre-Preliminary	Pre-Preliminary	Bronze	Pre-Juvenile	Pre-Juvenile	Silver	Silver	
Preliminary	Preliminary	Pre-Silver	Juvenile	Juvenile	Gold	Gold	
Pre-Juvenile	Pre-Juvenile	Silver	Intermediate	Intermediate			
Juvenile	Juvenile	Pre-Gold	Novice and up	Novice			
Open Juvenile		Gold	Adult	Junior		COMPETITIVE	
Inter. Long*				Senior		TEST TRACK	
Inter. Short*				Adult		Limited Beginner	
Novice Long*		BASIC SKILLS					Beginner
Novice Short*		Basic Program Event		Free Skate Music Event			Pre-Preliminary
Junior Long*		Snowplow	Basic 5	Free Skate 1			Preliminary
Junior Short*		Basic 1	Basic 6	Free Skate 2			Pre-Juvenile
Senior Long*		Basic 2	Basic 7	Free Skate 3			Juvenile
Senior Short*		Basic 3	Basic 8	Free Skate 4			Intermediate
		Basic 4		Free Skate 5			Novice
* Exception: Freestyle skaters in levels Intermediate, Novice, Junior, and Senior may enter both Long and Short					Free Skate 6		Junior
							Senior

List Showcase Partners or Pro-Am Partner:

Name: _____ Name: _____ Name: _____

CERTIFICATE OF ELIGIBILITY

I certify that the above named applicant is an eligible skater in good standing in my club/rink and is eligible to enter the events indicated in accordance with the rules of the US FIGURE SKATING.

Club Signature: _____ Title: _____ Date: _____

Number of Events _____ Entry Fee: _____ Total Fees Enclosed: \$ _____

Read and sign the consent below - Read and sign waiver and release on reverse side:

I, the undersigned, declare on my honor, I am an eligible skater athlete and agree to follow the rules of the Keystone State Games, tournament officials, and directors. I am in good physical condition and have no disease or injury that would impair my doing my best in competition. I hereby authorize any first aid, medication, medical treatment, or surgery deemed necessary in case of an emergency. I also authorize the attending medical personnel to execute on my behalf, any permission forms and other appropriate medical documents and act on my behalf if I am not immediately able to do so. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Keystone State Games in any manner incidental to my participation in the Keystone State Games without compensation to me.

Participant signature: _____ Date: _____

Parent/Guardian signature: _____ Date: _____

ISI REGISTRATION FORM

DIRECTIONS: All mail-in entrants must send this completed ISI Registration Form, release, and appropriate fees to Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Entries must be sent 1st class mail and postmarked by Deadline.

Please Print or Type All Information:

Skater's Name: _____ Email: _____
(complete if you would like to receive a schedule by email)

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Date of Birth: _____ Age as of 6/1/13: _____

Grade: _____ Check: Female Male PA County: _____

ISI Member #: _____ Club: _____

Highest Test Passed as of 6/1/13: _____ Freeskating: _____ US FIGURE SKATING Freestyle: _____

Coach/Instructor Name: _____ Coach/Instructor Email: _____

ISI INDIVIDUAL ENTRY- CIRCLE ONE LEVEL IN EACH CATEGORY(S)

FREESTYLE LEVELS	FOOTWORK LEVELS	STROKING LEVELS	SPOTLIGHT LEVELS			
Tots 1-4	FS 1 FS 6		Tots			
Pre-Alpha	FS 2 FS 7	Pre-Alpha	Pre-Alpha	FS1		FS6
Alpha	FS 3 FS 8	Alpha	Alpha	FS2		FS7
Beta	FS 4 FS 9	Beta	Beta	FS3		FS8
Gamma	FS 5 FS1 0	Gamma	Gamma	FS4		FS9
Delta	Open Bronze Open Silver	Delta	Delta	FS5		FS10
FS 1 FS 6	Open Gold Open Platinum		SPOTLIGHT EVENTS AND DESCRIPTIONS			
FS 2 FS 7	COMPULSORY MOVES	JUMP & SPIN	Solo	Couple	Rhythmic	
FS 3 FS 8	Pre-Alpha Alpha	Low	<input type="checkbox"/> Drama	<input type="checkbox"/> Drama	<input type="checkbox"/> Hoop	
FS 4 FS 9	Beta Gamma Delta	Medium	<input type="checkbox"/> Character	<input type="checkbox"/> Character	<input type="checkbox"/> Ribbon	
FS 5 FS 10	FS 1 FS 6	Intermediate	<input type="checkbox"/> Lt. Enter.	<input type="checkbox"/> Lt. Enter.	<input type="checkbox"/> Ball	
Open Bronze	FS 2 FS 7	High				
Open Silver	FS 3 FS 8	A separate entry form is required for Synchronized and Production Events. <i>Entry does not count as an event on this form</i> Forms can be found at www.keystonegame.com .				
Open Gold	FS 4 FS 9					
Open Platinum	FS 5 FS 10					

If Entering Couple, List Spotlight Partner and Level:

Name: _____ Level: _____

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years?" _____

CERTIFICATE OF ELIGIBILITY

I certify that the above named applicant is an eligible skater in good standing in my club/rink and is eligible to enter the events indicated in accordance with the rules of ISI.

Coach Signature: _____ Title: _____ Date: _____ ISI#: _____

Number of Events: _____ Entry Fee: _____

Total Fees Enclosed: \$ _____

Read and sign the consent below - Read and sign waiver and release on reverse side:

I, the undersigned, declare on my honor, I am an eligible skater athlete and agree to follow the rules of the Keystone State Games, tournament officials, and directors. I am in good physical condition and have no disease or injury that would impair my doing my best in competition. I hereby authorize any first aid, medication, medical treatment, or surgery deemed necessary in case of an emergency. I also authorize the attending medical personnel to execute on my behalf, any permission forms and other appropriate medical documents and act on my behalf if I am not immediately able to do so. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Keystone State Games in any manner incidental to my participation in the Keystone State Games without compensation to me.

Participant signature: _____ Date: _____

Parent/Guardian signature: _____ Date: _____

(Entrants under 18 must also have a parent or legal guardian read and sign the consent)

THIS IS A RELEASE

INSTRUCTIONS

1. Applicant age 18 and over, complete Part "A" only.
2. Applicants under age 18 must have parent or guardian complete Parts "A" & "B".

ELIGIBLE ATHLETIC

PART "A" - WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the **KEYSTONE STATE GAMES, INC.** athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE **KEYSTONE STATE GAMES, INC.**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
5. I, the undersigned declare on my honor that I am an eligible skater and agree to follow the rules of the Keystone State Games, obey my coach(es)/team leader(s), tournament officials, and directors. I am in good physical condition and have no disease or injury that would impair my doing my best in competition.
6. I hereby authorize any first aid, medication, medical treatment, or surgery deemed necessary in case of an emergency. I also authorize the attending medical personnel to execute on my behalf any permission forms and other appropriate medical documents and act on my behalf if I am not immediately available to do so.
7. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Keystone State Games in any manner incidental to my participation in the Keystone State Games without compensation to me.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signed: _____
Participant's Signature Date

PART "B" - FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and , for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in the **KEYSTONE STATE GAMES**, EVEN IF ARISING FROM THEIR NEGLIGENCE.

Signed: _____
Name Relationship to Minor Date

Competitive Test Track

Skaters may enter either 6.0 Free Skate or Competitive Test Track but not both.. Competitors will skate to music of their choice. Deductions will be made for skaters including technical elements not permitted in the event description.

Event	Requirements	Time
Limited Beginner	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences. Max 2 of any same jump. Max 2 spins: Two upright spins, no change of foot, no flying entry (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:30min. +/- 10
Beginner	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: Two upright spins, change of foot optional, no flying entry. (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:30min. +/- 10
Pre-Preliminary	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow, toe loop and loop only. Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: Two spins of a different nature, one position only, no change of foot, no flying entry. (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test.	1:30min. +/-10
Preliminary	Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot, no flying entry (Min 3 revs) and one consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot). Connecting moves and steps should be demonstrated throughout the program. Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test.	1:30min. +/-10
Pre-Juvenile	Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly. One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test	2:00min. +/-10
Juvenile	Max 5 jump elements: Any single jumps with not more than 1 ½ rotations (Axel permitted). Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly. One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test.	2:15min. +/-10
Intermediate	Max 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Max 3 jump combinations or sequences Max 2 of any same type jump. Max 2 spins of a different nature: One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot). One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test.	2:30min. +/-10
Novice	Max 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Max of 3 jump combinations or sequences Max 2 of any same type jump. Max 3 spins of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly. One step or spiral sequence (see rule 3660 for description). Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test.	Ladies 3:00min. +/-10 Men 3:30min. +/- 10
Junior	Max 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. Max of 3 jump combinations or sequences Max 2 of any same type jump. Max 3 spins of a different nature: One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot). One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description). Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test.	Ladies 3:30min. +/-10 Men 4:00min. +/- 10
Senior	Max 8 jump elements for men and 7 for ladies Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted Max of 3 jump combinations or sequences Max 2 of any same type jump Max 3 spins of a different nature: One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic. spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot). Men: Two different step sequences. Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 3643 (G) and (I) for description). Skaters must have passed at least the U.S. Figure Skating junior free skate test.	Ladies 4:00min. +/-10 Men 4:30min. +/- 10

ISI Events & Requirements

FREESTYLE		
Events	Requirements	Time
Program time will allow for a 10-second leeway over the recommended time. A penalty will be given for those over the time limit. Uncaptured maneuvers as listed in the Competitor's Handbook will be allowed according to level restrictions recommended.		
Tots	Maneuvers are as listed in ISI Handbook for each level. The skater may elect to have one additional move from Freestyle 1. Two-foot snowplows are permitted. Coaches are permitted on the ice to assist a Tot, if necessary. Props are not allowed during Tot Competition.	1 min
Pre-Alpha	Skaters are still required to perform one additional move from Freestyle 1.	1 min
Alpha and Beta	Skaters are still required to perform one additional move from Freestyle 1. The foot must be lifted off the ice for back crossovers, cutbacks do not meet test requirements.	1 min
Gamma	Skaters are still required to perform one additional move from Freestyle 1. At least three strokes must precede the mohawk combination for a total of seven steps.	1 min
Delta	Skaters are still required to perform one additional move from Freestyle 1. The lunge must be completed with a one foot glide and in a straight line. The edges must be done consecutively outside-outside, inside-inside on an axis.	1 min
Freestyle 1-10	Entrants should compete according to elements listed in the Test Standards.	Refer to Rule Book
Freestyle Open	Entrants should see www.skateisi.org or the 2012 ISI Handbook for event details.	Refer to Rule Book

FOOTWORK / STROKING		
Events	Requirements	Time
FS1-FS10	The events is open to skaters in the Freestyle 1-10 levels. Skaters must comply with event description in the ISI Handbook. Focus is on cleanness and variety of turns and edges.	1 min
Pre-Alpha	The stroking event is for skaters in pre-alpha. Skaters must skate forward, both directions, around ice surface.	N/A
Alpha - Delta	The stroking event is for skaters in levels alpha, beta, gamma, and delta. Skaters must skate forward, both directions, around ice surface with cross-overs at each end.	N/A

SPOTLIGHT		
Events	Requirements	Time
Tots	Spotlight events are open to skaters in all levels. ISI spotlight format has changed, please review current rulebook or ISI website. Skaters may enter up to two spotlight events as long as the music and routines are different (see ISI Handbook for description and format). Events offered per level are Solo and Couple in Drama, Character, and Light Entertainment. If competing in Couples, all partners must enter separately and pay the appropriate fee. <i>The following times and levels apply to couples' spotlight: Tots-Pre Alpha is 1 min and low, Freestyle 1-3 is 1 min and 30 sec and medium, and Freestyle 4-5 is 1 min 30 sec and intermediate 6-10 is 2 min and high.</i> In spotlight, ANY action initiated after the music starts will commence timing of the entrant's program.	1 min
Pre-Alpha		1 min
Alpha and Beta		1 min
Gamma		1 min
Delta		1 min
Freestyle 1-3		1 min 30 sec
Freestyle 4-5		1 min 30 sec
Freestyle 6-10		2 min

JUMP AND SPIN

Two skaters enter the ice as a team. The first skater performs their choice of a required jump 2 times, followed by the second skater performing their choice of a required spin 2 times. Only the best attempt of each required element will be judged. *Only the technical accuracy of the required element is judged – the difficulty of the chosen element is not considered during judging for this event.*

ALL JUMP & SPIN EVENTS will be done on ½ ICE ONLY.

Events	Requirements
Low- Both skaters must be in Pre-Alpha to Delta levels only.	<i>Jump-</i> 2-Foot Hop or Bunny Hop <i>Spin-</i> 2-Foot Spin
Medium- Both skaters must be in Freestyle 1-3 / Bronze levels or below.	<i>Jump-</i> 1/2 Flip or Toe Loop <i>Spin-</i> 2-Foot or 1-Foot Spin
Intermediate- Both skaters must be in Freestyle 4-5 / Silver levels or below.	<i>Jump-</i> 1/2 Loop or Axel <i>Spin-</i> Sit Spin or Back Spin
High- Both skaters must be in Freestyle 6-10 / Gold / Platinum levels or below.	<i>Jump-</i> Double Salchow or Double Loop <i>Spin-</i> Flying Camel or Flying Sit
If two skaters from different category levels wish to compete together, the team will be entered in the highest level of the two skaters.	

SOLO COMPULSORIES (Pre-Alpha - Freestyle 10)

Skaters are to perform only the three maneuvers selected by the competition director in any order with a minimum of connecting steps. Each maneuver may only be attempted one time. Additional maneuvers, such as any jump, spin, or gliding maneuver from a test level or any uncaptured move are not allowed. There is a 1-minute time limit for all levels.

Please Note: There should be no penalty given for the quantity of swizzles, stroking or crossovers in the Pre-Alpha, Alpha and Beta levels. Only the quality of these required maneuvers should be comparatively judged.

Pre-Alpha – Freestyle 5 will be on ½ ICE ONLY. Freestyle 6 – 10 will be on FULL ICE.

Events	Requirements	Time
Pre-Alpha	Forward Swizzles / 2-Foot Glide / Backward Wiggles	1 min
Alpha	Forward Stroking / Right Forward Crossovers / 1-Foot Snowplow Stop	1 min
Beta	Backward Stroking / Left Backward Crossovers / Right T-Stop	1 min
Gamma	Right Forward Outside 3-turn / Left Forward Inside Mohawk Combo, / Hockey Stop	1 min
Delta	Left Forward Inside 3-turn / Bunny Hop / Lunge	1 min
Freestyle 1	Waltz jump / 2-foot spin / ½ Flip jump	1 min
Freestyle 2	Ballet jump / 1-foot spin / ½ Lutz jump	1 min
Freestyle 3	Salchow jump / Backward pivot / Toe Loop jump	1 min
Freestyle 4	Flip jump / Sit Spin / ½ Loop jump	1 min
Freestyle 5	Camel spin / Lutz jump / Back spin	1 min
Freestyle 6	Jump combination / Choice spin (Cross-foot/Layback/Sit-Change-Sit) / Split jump	1 min
Freestyle 7	Two Walley jumps / Flying Camel spin / Double Toe Loop jump	1 min
Freestyle 8	Double Flip jump / Flying Sit Spin / Split Lutz jump	1 min
Freestyle 9	Double Lutz jump / Flying Camel into Jump Sit spin / Axel-Double Loop jump combination	1 min
Freestyle 10	Double Axel-Double Toe Loop jump combination / Death Drop / Three Arabian Cartwheel or Butterfly jumps	1 min

RHYTHMIC SKATING

This new entertaining event requires the use of one hand-held prop listed below. The program should contain elements that employ the use of the prop throughout the routine. The skater must maintain control of the prop at all times. Props of the same kind (i.e. Ball / Hoop / Ribbon) must be grouped together and cannot be combined for competition event groups.

The skater chooses only one rhythmic prop per routine (ball, hoop or ribbon) and must maintain control of the prop at all times throughout the program. This means the prop must be used by the skater throughout the routine. It can be thrown, bounced or juggled but control should be maintained. The prop should not be put down on the ice while the skater does jumps & spins. No additional props are permitted.

Props are not allowed on the event Warm-Up. If it is obvious that skater's prop does not meet the following specifications, the panel Referee can determine if any point deduction should be taken.

Choice of One:

- Hoop - Must be made from wood or plastic (from a rigid, non-bending material). The hoop diameter should measure between 2 feet 7 inches - 2 feet 11 inches.
- Ball - Must be made of rubber or plastic. The ball diameter should measure approximately 7-3/4 inches.
- Ribbon - Stick must be made of wood, plastic or fiberglass. Stick length should be between 20-30 inches. Ribbon material should be one single piece of satin or a non-starched fabric. Ribbon width should be 2-4 inches wide and between 6 feet - 9 feet long.

Events	Maneuver Limitations	Time
Freestyle 1-3 / Bronze	FS 4 and below	1 min 30 sec
Freestyle 4-5 / Silver	FS 6 and below	1 min 30 sec
Freestyle 6-10 / Gold / Platinum	Any maneuvers	2 min

ENSEMBLE

This event is open to groups of 3-7 skaters of all levels and ages. Skaters will be judged on the performance value of the program. There are no required maneuvers, no maneuver limitations and there is no technical score for this event. The group should use music, costumes & props to enhance the theme while creating an entertaining performance. The costume & prop guidelines are the same as for Solo Spotlight events. Props are not allowed on warm-up. Event groups are divided by number of skaters first and then by age, if necessary. Duration: 3 minutes

PRODUCTION TEAM (All Levels)

This team event is for groups of 8 or more skaters. Team will be judged on the performance value of the program. There are no required maneuvers and no technical score for this event. The group should use music along with elaborate costumes and props to enhance the theme while creating an entertaining performance. Skaters from all levels can participate in this event. Event entries will be divided in to Small / Medium / Large / Extravaganza categories, as registration warrants.

SYNCHRONIZED SKATING

SYNCHRONIZED COMPULSORIES – Formation / Skating

Synchronized Formation and Skating teams must perform 4 or 5 required elements to music, with no additional moves permitted. Teams will be divided by age groups. For details of compulsory maneuvers and program duration limitations, please see the current *2013 edition of ISI Handbook*

SYNCHRONIZED TEAM - Dance / Formation / Skating

This is a group number for 8 or more skaters to perform in unison. They can incorporate various skating formations such as circles, pinwheels, lines, footwork sequences and dance steps. For description of Formation, Skating, and Dance categories, please see *2013 edition of ISI Handbook*

ISI competition is for all levels of achievement will be held Saturday and Sunday, February 4, 5. Skaters must enter at their current test level. Age groups for female and male skaters will be as follows: 5 & under, 6-8, 9-12, 13-15, 16-20, 21-39, and 40 & over. (may be altered due to participation) Events include Freeskating (Tots, Pre-alpha, Alpha, Beta, Gamma, Delta, and FS 1-10, Open); Footwork (FS 1-10); Spotlight (Tots through FS 10); and Stroking (Pre-Alpha through Delta). The new test and competition rule changes as of January 1, 2012, from the ISI handbook will govern the ISI competition events. See ISI website www.skateisi.org for updates.

When there is only one entry in an event, the skater will compete and place according to the rules of the ISI competition Standards. When competing against the book, the skater must now earn 80% of the total possible points to place first in that category.

Not all uncaptured jumps and spins are legal for all levels of competition. The penalty for performing an uncaptured maneuver at the wrong level will be the grade of 2.0 under content on the judges sheets. Check the ISI Handbook for further information.

All routines will start from a stationary position. The timing of the routine will start with any movement.

In Delta, Freestyle 3, 6, 7, 8 certain maneuvers are listed under the heading Choice-Of-One. This means only one should be performed. In the case of misinterpretation of "choice-of-one", the performance of the first maneuver will be graded.

All dance step sequences in Freestyle have mandatory patterns, but may be performed in either direction.

There will be a 10-second leeway in freestyle and spotlight with set duration times. Judging will stop at 10 seconds over the prescribed time. Performing a required maneuver past the 10-second leeway will not be counted. The penalty for skating 11-14 seconds over the prescribed time will be the grade of 8 for the duration; skating 15 seconds or beyond will be a grade of 5. There is no penalty for skating under the prescribed time.