Keystone State Games, Inc. & Premier Amateur Sports, LLC. in cooperation with the White Rose Figure Skating Club welcomes you to the

26th Annual Pennsylvania Skating Championships







Compete against the best from throughout the state and beyond in Olympic-style competition for Gold, Silver, and Bronze medals, and 4th-6th place ribbons. This is a qualifying event for the 2013 State Games of America being held this Summer in the Greater Hershey / Harrisburg Area, PA!!!

Location: York Ice Arena, 941 Vander Ave., York, PA 17403 Phone: 717-848-1084

Dates: February 1-3, 2013

Competition Eligibility: This competition is sanctioned by the US FIGURE SKATING and endorsed by the ISI.

Competition is open to all female and male skaters who are Pennsylvania, Maryland, Delaware, New Jersey, Washington D.C., New York, Ohio, and West Virginia residents of eligible athletic status (or any athlete in a state that does not have figure skating as part of their State Games). Skaters must also be in good standing with either the US FIGURE SKATING or the ISI. Age and test status as of January 4, 2013 determines skater's level. US FIGURE SKATING skaters may compete at their passed and registered freestyle test levels or one level higher. Individual members of the US FIGURE SKATING who are registered with the ISI are eligible to compete in accordance with the ISI/US FIGURE SKATING joint statement policy. US FIGURE SKATING adults over age 21 who have passed the bronze test may compete in Freestyle 3.

REGISTRATION INFORMATION:

Register Online – <u>Discount Entry Fee</u>: We are providing athletes with an online discount when registering for the PA Skating Championships. The entry fee varies depending on the number of events entered. Use the following to determine the cost of competition: one event is \$80, two events are \$95, three events are \$110, four events are \$125, five events are \$140, and six or more events are \$155. US FIGURE SKATING and ISI events are cumulative (example: enter two US FIGURE SKATING events and one ISI event = \$100).

Mail-in Entry Fee: The entry fee varies depending on the number of events entered. Use the following to determine the cost of competition: one event is \$100, two events are \$115, three events are \$130, four events are \$145, five events are \$160, and six or more events are \$175. US FIGURE SKATING and ISI events are cumulative (example: enter two US FIGURE SKATING events and one ISI event = \$115). A \$25.00 late fee will be charged to all late entries if accepted. Complete the 2012 US FIGURE SKATING and/or ISI registration form(s) and mail with the appropriate entry fee to: Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Make checks or money orders payable to Keystone State Games, Inc.

Entry Deadline: Tuesday, January 4, 2013. Walk-on registration will not be accepted.

Competition Guidelines:

US FIGURE SKATING Competition and Standards: US FIGURE SKATING competition will be held Friday and Saturday, February 1-2, 2013, and will include female and male Free Skate, Artistic, Showcase, Solo Dance, Adult Free Skate, Compulsory Moves, Pro Am Couple Dance, and Competitive Test Track. Adult Free Skate will be held Saturday, February 2. The 2012 - 2013 US FIGURE SKATING Rule Book will govern the competition. The 6.0 judging system will be used this year.

US FIGURE SKATING Coaches: You must comply with the coach's registration requirement in order to be allowed to coach at the Pennsylvania Skating Championships per US FIGURE SKATING.

ISI Competition and Standards: ISI competition is for all levels of achievement and will be held Saturday and Sunday, February 2-3, 2013. Events include Freeskating (Tots through Open); Footwork (FS 1-10); Spotlight (Tots through FS 10); and Jump and Spin (Low through High); Compulsory Moves (Pre-alpha through FS 10); Stroking (Pre-Alpha through Delta) Synchronized, Ensemble and Production Team Events.

ISI Coaches are required to register for Judges Credentials prior to competition.

Changes To Entry Form: Once the entry materials are received, skaters will not be allowed to enter additional events, unless the athlete re-registers for the events separately. However, they may change events. The deadline to make changes of any kind is January 28, 2013.

Music: Skaters must furnish their own music. Mini Disks or CDs are acceptable. (CDs are preferred) Only one track per CD and no re-writable CDs. CDs must be clearly marked with the skater's name and event. All music must be checked-in at the registration desk one hour before each skater's event. Music must be picked up immediately after the skater's event. Keystone State Games will provide all solo dance music.

Awards: Medals will be awarded to skaters placing first, second, or third in each event. Ribbons will be awarded to skaters placing fourth, fifth, or sixth in each event. A trophy will be given to the US FIGURE SKATING club with the most points in all US FIGURE SKATING events. A trophy will be given to the ISI rink with the most points in all ISI events. The points for the trophies will be 6 pts. for first, 5 pts. for second, 4 pts. for third, 3 pts. for fourth, 2 pts. for fifth, and 1 pt. for sixth.

Contacts:

White Rose FSC Competition Chair: Rose Yingling, 717-793-0386, r57ying@aol.com

Consultant: Gene Burton, 717-524-7018, g burton@comcast.net

ISI Skating Coordinator: Alexis Cunningham, 814-244-7415, icesk885@aol.com

KSG Director of Events: James J Costello –570-760-0352 Cell or jcostello@ksgoffice.com **Technical Support Online Registration:** Brian Costello – brian@premiersportingevents.com

Chief Referee: Jane Reno, dyreno@verizon.net

Chief Accountant: Michael Elmaleh, melmaleh@yahoo.com

Music Coordinator: Bill Bikle

Rink Description: York City Ice Arena has two ice surfaces that are 200'x85'. Competition will take place primarily on Rink #2. Rink #1 may also be used for practice ice and competition, if necessary. Locker rooms will be available. Teams with ten or more skaters will be assigned locker rooms on a first in, first assigned basis. The snack bar will be open during the competition.

Practice Ice: Practice ice may be available depending on the final schedule. If available, a tentative schedule of available practice ice will be sent or emailed with event schedules and will also be available on the WRFSC website at www.whiterosefsc.org

Schedule Of Events: The schedule of events is determined by the total number of entries and by the number of entries in each event. Adult Freestyle will be held Saturday, February 2. Knowledge of the final posted schedule is the responsibility of all entrants and officials. A tentative schedule of events will be emailed to entrants on or before January 21, 2013. Schedules will also be posted on the KSG website and the White Rose FSC site at www.whiterosefsc.org.

Opening Ceremonies/Exhibition Skating Performance: Friday, February 1 at approximately 6:45 PM will be the Opening Ceremonies of the 2013 Games. The event will include a Torch/Flag Skate, Parade of Athletes, the National Anthem, and the traditional —Ringing of the Belll. Athletes should be ready to enter at 6:30 PM. Skate clubs are encouraged to bring their club flag to march behind. Attendance is not required, but is encouraged. There will be an admission charge of \$3.00 for children age 6-12, \$5.00 for adult age 13 and over, and children under 5 are free.

Skating Party: Following Opening Ceremonies Friday night all skaters, friends, and family are invited to the Pennsylvania Skating Championships Skating Party for music, fun, and giveaways!

Athlete Souvenir Shirts: Athlete souvenir shirts may be pre-purchased for \$17.00. You may pick up your souvenir t-shirts at registration or have them mailed in advance (additional cost is associated with mailed t-shirts). A limited number of shirts will be available at competition for \$20.00.

2013 STATE GAMES OF AMERICA in Pennsylvania:

The 8th Biannual State Games of America will be held in the Greater Hershey / Harrisburg Area, PA August 4-7, 2013.

Competition Eligibility for 2013 State Games of America Figure Skating Championship are as follows:

Competition is open to all female and male skaters who meet at least **ONE** of the following guidelines:

- A full-time resident of Pennsylvania.
- A full-time student at an academic institution in Pennsylvania.
- A registered member of a figure skating club in Pennsylvania. The club must be the athlete's exclusive "contact" within the sport.
- Athletes that have won a medal in their local 2011, 2012, or 2013 State Games Figure Skating Competitions that have received an invitation to the 2013 State Games of America
- An athlete that received a medal at the 2011 State Games of America in San Diego.
- This competition is sanctioned by the US FIGURE SKATING and endorsed by the ISI.

The State Games of America is the property of the National Congress of State Games, which in turn is a member of the United States Olympic Committee. The USOC supports the State Games of America as a grassroots competition that champions the Olympic movement.

6.0 FREE SKATE

US FIGURE SKATING Events & Requirements

Event	Requirements	Time
Tots	Skaters who are age 7 and under, No test passed. Jumps allowed are: waltz jump, salchows, toe loop, 1/2 flip, and 1/2 lutz.	1 min 30 sec +/- 10
No Test	Skaters who are age 8 and over, No test passed. Axels or double jumps are not allowed. Rule 4280	1 min 30 sec +/- 10
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. Rule 4270	1 min 30 sec +/- 10
Preliminary	Skater who have passed Preliminary FS but no higher. Axels permitted and up to two different double jumps that can be repeated in combination or sequence. Double flip, double Lutz, double Axel and triple jumps are not permitted. Rule 4260	1 min 30 sec +/- 10
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher. Axels and up to three double jumps are permitted. Refer to Rule 4250	2 min +/- 10
Juvenile	Skaters who are age 13 or younger and have passed Juvenile FS but no higher. No more than 3 double jumps may be repeated (1 each), but only as part of combo or sequence. Max of 2 of any double jump. No triple jumps. Rule 4240	2 min 15 sec +/- 10
Open Juvenile	Skaters who are age 14 and older and have passed Juvenile FS but no higher. No more than 3 double jumps may be repeated (1 each), but only as part of combo or sequence. Max of 2 of any double jump. No triple jumps. Refer to Rule 4240	2 min 15 sec +/- 10
Intermediate- Long	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min 30 sec
Intermediate- Short	Skaters who have passed Intermediate FS but no higher. Refer to Rule 4230	2 min max
Novice- Long	Skaters who have passed Novice FS but no higher. Refer to Rule 4220	Ladies- 3 min Men- 3 min 30 sec
Novice- Short	Skaters who have passed Novice FS but no higher. Refer to Rule 4220 (ladies) 4220 (mens)	2 min 30 sec max
Junior- Long	Skaters who have passed Junior FS but no higher. Refer to Rule 4210	Ladies-3 min 30 sec Men- 4 min
Junior-Short	Skaters who have passed Junior FS but no higher. Refer to Rule 4210 (ladies) 4210 (mens)	2 min 50 sec max
Senior- Long	Skaters who have passed Senior FS. Refer to Rule 4200	Ladies- 4 min Men- 4 min 30 sec
Senior- Short	Skaters who have passed Senior FS. Refer to Rule 4200 (ladies) 4200 (mens)	2 min 50 sec max
FS= abbreviation for Freestyle	Short and Long Programs are considered separate events. One skater may enter both events.	
Short Program rules 2012- 13 elements		
	COMPULSORY MOVES	
Event	Requirements (in any order)	Time
Tots - Ages 7 and under	No test passed. 1. Two foot spin (3 revolutions min); 2. Two (2) Bunny hops; 3. Backward skating (crossovers or stroking); 4. Full stops; 5. Stroking forward	45 sec max
No Test - Age 8 and older	No test passed. 1. Two foot spin (3 revolutions min); 2. Two (2) Bunny hops; 3. Backward skating)crossovers or stroking); 4. Full stops; 5. Stroking forward	45 sec max
Pre-Preliminary	Skaters who have passed Pre-Preliminary FS but no higher. 1. Waltz jump; 2. One foot spin (3 revolutions min); 3. Consecutive forward inside & outside edges; 4. Toe loop; 5. Salchow	1 min max
Preliminary	Skaters who have passed Preliminary FS but no higher. 1. Camel spin (3 revolutions min); 2. Loop jump; 3. Waltz jump-toe loop combination; 4. Consecutive inside and outside spirals; 5. Flip jump	1 min max
Pre-Juvenile	Skaters who have passed Pre-Juvenile FS but no higher 1. Lutz jump; 2. Sit spin (4 revolutions min); 3. 5 step mohawk sequence right & left; 4. Waltz jump, loop jump combination; 5. Girls—Layback spin (3 revolutions min) Boys- Camel sit spin (3 revolutions min)	1 min 20 sec max
Juvenile	Skaters who have passed Juvenile FS but no higher. 1. Girls- Layback spin (5 revolutions min) Boys- Camel sit spin (5 revolutions min); 2. Axel; 3. Spin combination with change foot, change of position (4 revolutions min on each foot; 4. Double Salchow; 5. Back power 3 turns; 6. Footwork sequence-straight line	1 min 30 sec max
	Face in the categories of Tots, No-Test, Pre-Preliminary, Preliminary, Pre. No music will be utilized for this event. Required elements may be sk	

Skating is done on half the ice surface in the categories of Tots, No-Test, Pre-Preliminary, Preliminary, Pre-Juvenile. Full ice surface will be utilized for Juvenile. No music will be utilized for this event. Required elements may be skated in any order. Additional jumps or spins are not permitted, and will result in deductions if included.

US FIGURE SKATING Events & Requirements (Cont'd)

ADULT FREE SKATE

Age Classes 1-4 will be used, although groupings may be merged together without prior notification to provide for a competitive event. Flying spins and lutz, axles, double jumps are not permitted in Pre Bronze competition. Rule 4500

Event	Time	
Adult Pre Bronze	Not to exceed 1 min 40 sec	
Adult Bronze	Not to exceed 1 min 50 sec	
Adult Silver	Not to exceed 2 min 10 sec	
Adult Gold	Not to exceed 2 min 40 sec	

PRO-AM COUPLE DANCE

Professional-Amateur Dance Competition will be grouped by age and skating level, as entries warrant. Professionals may skate unlimited times at no fee with paid eligible skaters.

	Event	Requirements (amateurs)	# of Patterns	Dances
,	Pre-Bronze	Have not passed Pre-Bronze	2	Dutch Waltz
	Bronze	Have not passed Pre-Silver	2	Ten Fox
,	Silver	Have not passed Pre-Gold	2	Fox Trot
	Gold		2	Paso Doble

ARTISTIC

Music may be instrumental or vocal. No jump higher than an axel. Event will be judged on artistic impression and interpretation of the music.

Event	Time	Event	Time
Pre-Preliminary and Preliminary	1 min 30 sec	Junior and Senior	2 min 30 sec +/- 10
Pre-Juvenile and Juvenile	2 min	Adult: 25 and over	2 min +/- 10
Intermediate and Novice	2 min 30 sec		

SOLO DANCE

Event	Requirements	Patterns	Dances
Preliminary	May not have passed any Pre-Bronze Dances	2	Canasta Tango
Pre-Bronze	May not have passed any Bronze Dances	2	Rhythm Blues
Bronze	May not have passed any Pre-Silver Dances	2	Hickory Hoedown
Pre-Silver	May not have passed any Silver Dances	2	European Waltz
Silver	May not have passed any Pre-Gold Dances	2	Tango
Pre-Gold	May not have passed any Gold Dances	2	Starlight Waltz
Gold	Passed Gold Dances	2	Quickstep

SHOWCASE

The level is determined by the Freestyle tests. Effort will be made to separate groups from individual entrants. No jump higher than an axel. Live animals, flame or smoke oriented props, or anything that would alter the ice surface such as shaving cream, glitter, or dry ice are prohibited. Props must be carried on and off the ice by the participant(s) in one trip. Emphasis is placed on the illustration of the character through the music, costumes, props, and overall audience appeal. Music may be vocal. Judged on originality of program, props, and interpretation of music and costume.

Event	Time	Event	Time
Pre-Preliminary	1 min 30 sec	Juvenile	2 min +/- 10
Preliminary	1 min 30 sec	Intermediate	2 min +/- 10
Pre-Juvenile	2 min	Novice and above	2 min +/- 10
		Adult 25 & Over	2 min +/- 10

BASIC SKILLS EVENTS

BASIC PROGRAM EVENT: SNOWPLOW SAM - BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- Time 1:00 minute +/- 10 seconds
- The skater may use elements from a previous level
 A .2 deduction will be taken for each element from a higher level performed

Snowplow	Basic 5
 March followed by a two foot glide and dip Forward two foot swizzles 2-3 in a row Backward wiggles 2-6 in a row Forward snowplow stop 	Backward crossovers 4-6 consecutive in both directions Basic one foot spin – free leg held to side of spinning leg – minimum of three revolutions Side toe hop – either direction Hockey stop
Basic 1	Basic 6
 Forward two foot glide and dip Forward two foot swizzles 6-8 in a row Backward wiggles 6-8 in a row Forward snowplow stop 	 Standstill forward inside 3-turn – R & L Bunny hop Forward spiral on a straight line R or L Lunge – R or L T-stop – R or L
Basic 2	Basic 7
 Forward one foot glide – either foot Two foot turn in place – forward to backward Backward two foot swizzles 6-8 in a row Forward alternating ½ swizzles pumps in a straight line – acach foot Moving snowplow stop 	1. Standstill forward inside open Mohawk – R to L and L to R 2. Ballet jump – either direction 3. Back crossovers to a back outside edge landing position clockwise and counterclockwise 4. Forward inside pivot
Basic 3	Basic 8
 Forward stroking Forward ½ swizzle pumps on a circle – either clockwise or counterclockwise 4-6 consecutive Backward one foot glide – either foot Forward slalom Two foot spin – minimum three revolutions 	 Moving forward outside or forward inside 3-turns – R & L Waltz jump Mazurka in either direction 1 Combination move – clockwise or counterclockwise; two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position – minimum three revolutions
Basic 4	
Forward crossovers 4-6 consecutive both directions Standstill forward outside 3-turn – R & L Backward stroking – 4-6 strokes Backward snowplow stop – R or L	

BASIC SKILLS EVENTS (CONTINUED)

FREE SKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:30 minutes +/- 10 seconds

Free Skate 1	Free Skate 4
Advanced forward stroking 4-6 strokes One-foot upright scratch spin from back crossovers – minimum three revolutions Waltz jump from back crossovers Half flip jump	Forward power 3's, 2-3 consecutive R or L Sit spin – minimum three revolutions Loop jump Waltz jump/loop jump
Free Skate 2	Free Skate 5
Forward outside spiral R or L Beginning back spin – minimum 2 revolutions Waltz jump, side toe hop, waltz jump sequence Toe Loop jump	Camel spin – minimum three revolutions Forward upright spin to back upright spin – minimum three revolutions each foot Loop/loop jump combination Flip jump
Free Skate 3	Free Skate 6
 Forward crossovers in a figure 8 Back spin – minimum three revolutions Salchow jump Waltz jump/toe loop, or Salchow/toe loop jump combination 	Camel/sit spin combination, minimum four revolutions total Split or stag jump Waltz jump/half loop/Salchow jump sequence Lutz jump

US FIGURE SKATING REGISTRATION FORM

DIRECTIONS: All mail-in entrants must send this completed US FIGURE SKATING Registration Form, release, and appropriate fees to Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Entries must be sent 1st class mail and postmarked by Thursday, January 3, 2013.

Please Print or Type							
Skater's Name:			Em	nail:(complete if you w	ould like to receive a s	chedule by email)	
Address:							
City:		_ State:		Zip Code	Zip Code:		
Telephone:		_ Date of Birth	:	Age as o			
		_ Check: $lacksquare$	Female \square M	ale PA Count	y:		
US FIGURE SKATING	Member #:	Club:					
Highest Test Passed a	s of 1/3/13:						
Moves in the field:	, ,		ee:		e:		
US FIGURE S	KATING INDIVID	UAL ENTRY –	CIRCLE ONE LE	VEL IN EACH CA	ATEGORY (* EX	(CEPTION)	
6.0 FREE SKATE	COMP. MOVES	SOLO DANCE	SHOWCASE	ARTISTIC	ADULT FREE SKATE	PRO-AM DANCE	
Tots	Tots	Preliminary	Pre-Preliminary	Pre-Preliminary	Pre-Bronze	Pre-Bronze	
No Test	No Test	Pre-Bronze	Preliminary	Preliminary	Bronze	Bronze	
Pre-Preliminary	Pre-Preliminary	Bronze	Pre-Juvenile	Pre-Juvenile	Silver	Silver	
Preliminary	Preliminary	Pre-Silver	Juvenile	Juvenile	Gold	Gold	
Pre-Juvenile	Pre-Juvenile	Silver	Intermediate	Intermediate			
Juvenile	Juvenile	Pre-Gold	Novice and up	Novice			
Open Juvenile		Gold	Adult	Junior		COMPETITIVI	
Inter. Long*				Senior		TEST TRACK	
Inter. Short*				Adult		Limited Beginne	
Novice Long*			BASIC SKILLS	<u>i</u>		Beginner	
Novice Short*		Basic Program	Event	Free Skate Musi	c Event	Pre-Preliminary	
Junior Long*		Snowplow	Basic 5	Free Skate 1		Preliminary	
Junior Short*		Basic 1	Basic 6	Free Skate 2		Pre-Juvenile	
Senior Long*		Basic 2	Basic 7	Free Skate 3		Juvenile	
Senior Short*		Basic 3	Basic 8	Free Skate 4		Intermediate	
		Basic 4		Free Skate 5		Novice	
* Exception: Freestyle sl	katers in levels Intermed	iate,		Free Skate 6		Junior	
Novice, Junior, and Sen	nior may enter both Long	g and Short				Senior	
List Showcase Partners o	or Pro-Am Partner:	Name:		Name	:		
CERTIFICATE OF ELIGIBILIT I certify that the above accordance with the rules Club Signature:	named applicant is an of the US FIGURE SKAT	ING.	good standing in m	,	gible to enter the e		
Number of Events		Entry Fee:_		T-shirt at	\$17.00	Size:	
Total Fees Enclosed: \$							
Read and sign the consent	below - Read and sign wa	iver and release on r	everse side:				
l, the undersigned, declo officials, and directors. I authorize any first aid, m personnel to execute on r to do so. I hereby conse coverage of the Keystone	am in good physical co nedication, medical treat my behalf, any permissio ent to allow my picture	ndition and have n ment, or surgery de n forms and other o or likeness to appe	o disease or injury the eemed necessary in c appropriate medical d ear in any official d	nat would impair my or case of an emergency. documents and act on ocument, sponsor adv	doing my best in cor I also authorize the my behalf if I am not ertisement, and/or e	npetition. I hereby attending medical immediately able exclusive television	
Participant signature:			Date	ə:			
Parent/Guardian signatu	ıre:		Date	ə:			

ISI REGISTRATION FORM

DIRECTIONS: All mail-in entrants must send this completed US FIGURE SKATING Registration Form, release, and appropriate fees to Keystone State Games, Inc., PO Box 1166, Wilkes-Barre, PA 18703-1166. Entries must be sent 1st class mail and postmarked by Thursday, January 3, 2013.

Please Print or Type All	Information:						
Skater's Name:				_ Email:	malata if yayy	ould like to receive a s	shadula bu amail)
Address:					mipieie ii you w	ould like to receive a s	chedule by email)
City: State:_			Zip Code:				
Telephone:		Date o	of Birth:		Age as a	of 1/3/13:	
Grade: Check:		☐ Female ☐	☐ Male	PA Coun	ty:		
ISI Member #:							
Highest Test Passed as of							
Freeskating :			US Figure Skating	g Freestyle:	1		
	ISI INDIVIDUAI	L ENTR	Y- CIRCLE ONE L	EVEL IN E	ACH CAT	EGORY(S)	
FREESTYLE LEVELS	FOOTWORK LEV	ELS	STROKING LEVELS	SPOTLI	GHT LEVE	LS	
Tots 1-4	FS 1 FS 6		LLVLLS	Tots			
Pre-Alpha	FS 2 FS 7		Pre-Alpha	Pre-Alpha	 a	FS1	FS6
Alpha	FS3 FS8		Alpha	Alpha		FS2	FS7
Beta	FS 4 FS 9		Beta	Beta		FS3	FS8
Gamma	FS 5 FS 1 0		Gamma	Gamma		FS4	FS9
Delta	Open Bronze Open S	Silver	Delta	Delta		FS5	FS10
FS 1 FS 6	Open Gold Open F	Platinum		SPOTLI	GHT EVEN	TS AND DESCR	IPTIONS
FS 2 FS 7	COMPULSORY N	IOVES	JUMP & SPIN	Solo		Couple	Rhythmic
FS3 FS8	Pre-Alpha Alp		Low	☐ Dram		□ Drama	□ Ноор
FS 4 FS 9	Beta Gamma	Delta	Medium	☐ Char		☐ Character	Ribbon
FS 5 FS 10	FS 1 FS 6		Intermediate	☐ Lt. Ei	nter.	☐ Lt. Enter.	☐ Ball
Open Bronze	FS 2 FS 7		High				
Open Silver	FS 3 FS 8		A separate entr	y form is re	quired for Sy	nchronized and Pro	oduction Events.
Open Gold	FS 4 FS 9		Ent	try does no	ot count as	an event on this f	orm
Open Platinum	FS 5 FS 10		Form	s can be f	ound at ww	w.keystonegame	.com.
If Entering Couple, List Spotli Name:	ght Partner and Level:			Level:			
CERTIFICATE OF ELIGIBILITY I certify that the above named rules of ISI. Coach Signature:	•	J	<i>,</i> ,	nk and is eligi	ble to enter the	e events indicated in acc	
Number of Every					ا مائم ∓	¢17.00	C:
Number of Events Total Fees Enclosed: \$		Enti	ry ree:		i-snirt at	φ1/.UU)14E:
Read and sign the consen		ign waiv	er and release on rev	erse side:			
I, the undersigned, declare officials, and directors. I am authorize any first aid, med personnel to execute on my to do so. I hereby consent coverage of the Keystone St	on my honor, I am an in good physical condication, medical treatm behalf, any permission to allow my picture of	eligible s dition and ent, or sur forms and r likeness	skater athlete and agr have no disease or in gery deemed necessar other appropriate med to appear in any offic	ee to follow jury that wo y in case of dical docume cial documer	uld impair my an emergence ents and act on nt, sponsor ac	doing my best in co y. I also authorize the n my behalf if I am no Ivertisement, and/or	mpetition. I hereby attending medical at immediately able exclusive television
Participant signature:				Date:			
Parent/Guardian signature:				Date:			

THIS IS A RELEASE

INSTRUCTIONS

- 1. Applicant age 18 and over, complete Part "A" only.
- 2. Applicants under age 18 must have parent or guardian complete Parts "A" & "B".

ELIGIBLE ATHLETIC

PART "A" - WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the **KEYSTONE STATE GAMES**, **INC.** athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE **KEYSTONE STATE GAMES**, **INC.**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
- 5. I, the undersigned declare on my honor that I am an eligible skater and agree to follow the rules of the Keystone State Games, obey my coach(es)/team leader(s), tournament officials, and directors. I am in good physical condition and have no disease or injury that would impair my doing my best in competition.
- 6. I hereby authorize any first aid, medication, medical treatment, or surgery deemed necessary in case of an emergency. I also authorize the attending medical personnel to execute on my behalf any permission forms and other appropriate medical documents and act on my behalf if I am not immediately available to do so.
- 7. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Keystone State Games in any manner incidental to my participation in the Keystone State Games without compensation to me.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signed:		
Participant's Signature		Date
	R PARTICIPANTS OF MINORITY AGE 18 AT THE TIME OF REGISTRATION)	
This is to certify that I, as parent/guardian with legal provided above of all the Releases, and , for myself, if from any and all liabilities incident to my minor child's FROM THEIR NEGLIGENCE.	my heirs, assigns, and next of kin, I release and	d agree to indemnify the Releasees
Signed:	 Relationship to Minor	 Date

Competitive Test Track

Skaters may enter either 6.0 Free Skate or Competitive Test Track but not both.. Competitors will skate to music of their choice. Deductions will be made for skaters including technical elements not permitted in the event description.

Event	be made for skaters including technical elements not permitted in the event description.	Time.
Event Limited Beginner	Requirements Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences. Max 2 of any same jump. Max 2 spins: Two upright spins, no change of foot, no flying entry (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	Time 1:30min. +/- 10
Beginner	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: Two upright spins, change of foot optional, no flying entry. (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:30min. +/- 10
Pre-Preliminary	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop). Single rotation jumps: Salchow, toe loop and loop only. Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: Two spins of a different nature, one position only, no change of foot, no flying entry. (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test.	1:30min. +/-10
Preliminary	Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences. Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot, no flying entry (Min 3 revs) and one consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot). Connecting moves and steps should be demonstrated throughout the program. Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test.	1:30min. +/-10
Pre-Juvenile	Max 5 jump elements: Jumps with not more than one rotation (no Axels). Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly. One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than prejuvenile free skate test	2:00min. +/-10
Juvenile	Max 5 jump elements: Any single jumps with not more than 1 ½ rotations (Axel permitted). Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly. One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test.	2:15min. +/-10
Intermediate	Max 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Max 3 jump combinations or sequences Max 2 of any same type jump. Max 2 spins of a different nature: One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot). One step sequence straight line, circular, or serpentine fully utilizing ice surface. Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test.	2:30min. +/-10
Novice	Max 7 jump elements for men and 6 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. Max of 3 jump combinations or sequences Max 2 of any same type jump. Max 3 spins of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly. One step or spiral sequence (see rule 3660 for description). Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test.	Ladies 3:00min. +/-10 Men 3:30min. +/-
Junior	Max 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. Max of 3 jump combinations or sequences Max 2 of any same type jump. Max 3 spins of a different nature: One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot). One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description). Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test.	Ladies 3:30min. +/-10 Men 4:00min. +/-
Senior	Max 8 jump elements for men and 7 for ladies Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted Max of 3 jump combinations or sequences Max 2 of any same type jump Max 3 spins of a different nature: One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic. spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot). Men: Two different step sequences. Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 3643 (G) and (I) for description). Skaters must have passed at least the U.S. Figure Skating junior free skate test.	Ladies 4:00min. +/-10 Men 4:30min. +/- 10

ISI Events & Requirements

FREESTYLE			
Events	Requirements	Time	
Program time will allow for a 10-second leeway over the recommended time. A penalty will be given for those over the time limit. Uncaptured maneuvers as listed in the Competitor's Handbook will be allowed according to level restrictions recommended.			
Tots	Maneuvers are as listed in ISI Handbook for each level. The skater may elect to have one additional move from Freestyle 1. Two-foot snowplows are permitted. Coaches are permitted on the ice to assist a Tot, if necessary. Props are not allowed during Tot Competition.	1 min	
Pre-Alpha	Skaters are still required to perform one additional move from Freestyle 1.	1 min	
Alpha and Beta	Skaters are still required to perform one additional move from Freestyle 1. The foot must be lifted off the ice for back crossovers, cutbacks do not meet test requirements.	1 min	
Gamma	Skaters are still required to perform one additional move from Freestyle 1. At least three strokes must precede the mohawk combination for a total of seven steps.	1 min	
Delta	Skaters are still required to perform one additional move from Freestyle 1. The lunge must be completed with a one foot glide and in a straight line. The edges must be done consecutively outside-outside, inside-inside on an axis.	1 min	
Freestyle 1-10	Entrants should compete according to elements listed in the Test Standards.	Refer to Rule Book	
Freestyle Open	Entrants should see www.skateisi.org or the 2012 ISI Handbook for event details.	Refer to Rule Book	

FOOTWORK / STROKING			
Events	Requirements	Time	
FS1-FS10	The events is open to skaters in the Freestyle 1-10 levels. Skaters must comply with event description in the ISI Handbook. Focus is on cleanness and variety of turns and edges.	1 111111	
Pre-Alpha	The stroking event is for skaters in pre-alpha. Skaters must skate forward, both directions, around ice surface.	N/A	
Alpha - Delta	The stroking event is for skaters in levels alpha, beta, gamma, and delta. Skaters must skate forward, both directions, around ice surface with cross-overs at each end.	N/A	

SPOTLIGHT			
Events	Requirements	Time	
Tots	Spotlight events are open to skaters in all levels. ISI spotlight format has changed, please	1 min	
Pre-Alpha	review current rulebook or ISI website. Skaters may enter up to two spotlight events as long as	1 min	
Alpha and Beta	the music and routines are different (see ISI Handbook for description and format). Events offered per level are Solo and Couple in Drama, Character, and Light Entertainment. If competing in Couples, all partners must enter separately and pay the appropriate fee. The following times and levels apply to couples' spotlight: Tots-Pre Alpha is 1 min and low, Freestyle 1-3 is 1 min and 30 sec and medium, and Freestyle 4-5 is 1 min 30 sec and intermediate 6-10 is 2 min and high. In spotlight, ANY action initiated after the music starts	1 min	
Gamma		1 min	
Delta		1 min	
Freestyle 1-3		1 min 30 sec	
Freestyle 4-5		1 min 30 sec	
Freestyle 6-10	will commence timing of the entrant's program.	2 min	

JUMP AND SPIN

Two skaters enter the ice as a team. The first skater performs their choice of a required jump 2 times, followed by the second skater performing their choice of a required spin 2 times. Only the best attempt of each required element will be judged. Only the technical accuracy of the required element is judged - the difficulty of the chosen element is not considered during judging for this event.

ALL JUMP & SPIN EVENTS will be done on 1/2 ICE ONLY.

Events	Requirements
Low- Both skaters must be in Pre-Alpha to Delta levels only.	Jump- 2-Foot Hop or Bunny Hop Spin- 2-Foot Spin
Medium- Both skaters must be in Freestyle 1-3 / Bronze levels or below.	Jump- 1/2 Flip or Toe Loop Spin- 2-Foot or 1-Foot Spin
Intermediate- Both skaters must be in Freestyle 4-5 / Silver levels or below.	Jump- 1/2 Loop or Axel Spin- Sit Spin or Back Spin
High- Both skaters must be in Freestyle 6-10 / Gold / Platinum levels or below.	Jump- Double Salchow or Double Loop Spin- Flying Camel or Flying Sit

If two skaters from different category levels wish to compete together, the team will be entered in the highest level of the two skaters.

SOLO COMPULSORIES (Pre-Alpha - Freestyle 10)

Skaters are to perform only the three maneuvers selected by the competition director in any order with a minimum of connecting steps. Each maneuver may only be attempted one time. Additional maneuvers, such as any jump, spin, or gliding maneuver from a test level or any uncaptured move are not allowed. There is a 1-minute time limit for all levels.

Please Note: There should be no penalty given for the quantity of swizzles, stroking or crossovers in the Pre-Alpha, Alpha and Beta levels. Only the quality of these required maneuvers should be comparatively judged.

Pre-Alpha – Freestyle 5 will be on ½ ICE ONLY. Freestyle 6 – 10 will be on FULL ICE.

Events	Requirements		
Pre-Alpha	Forward Swizzles / 2-Foot Glide / Backward Wiggles	1 min	
Alpha	Forward Stroking / Right Forward Crossovers / 1-Foot Snowplow Stop	I min	
Beta	Backward Stroking / Left Backward Crossovers / Right T-Stop	I min	
Gamma	Right Forward Outside 3-turn / Lest Forward Inside Mohawk Combo, / Hockey Stop	1 min	
Delta	Left Forward Inside 3-turn / Bunny Hop / Lunge	I min	
Freestyle 1	Waltz jump / 2-foot spin / ½ Flip jump	I min	
Freestyle 2	Ballet jump / 1-foot spin / ½ Lutz jump	1 min	
Freestyle 3	Salchow jump / Backward pivot / Toe Loop jump	1 min	
Freestyle 4	Flip jump / Sit Spin / ½ Loop jump	1 min	
Freestyle 5	Camel spin / Lutz jump / Back spin	1 min	
Freestyle 6	Jump combination / Choice spin (Cross-foot/Layback/Sit-Change-Sit) / Split jump	1 min	
Freestyle 7	Two Wałley jumps / Flying Camel spin / Double Toe Loop jump	1 min	
Freestyle 8	Double Flip jump / Flying Sit Spin / Split Lutz jump	1 min	
Freestyle 9	Double Lutz jump / Flying Camel into Jump Sit spin / Axel-Double Loop jump combination	1 min	
Freestyle 10	Preestyle 10 Double Axel-Double Toe Loop jump combination / Death Drop / Three Arabian Cartwheel or Butterfly jumps		

RHYTHMIC SKATING

This new entertaining event requires the use of one hand-held prop listed below. The program should contain elements that employ the use of the prop throughout the routine. The skater must maintain control of the prop at all times. Props of the same kind (i.e. Ball / Hoop / Ribbon) must be grouped together and cannot be combined for competition event groups.

The skater chooses only one rhythmic prop per routine (ball, hoop or ribbon) and must maintain control of the prop at all times throughout the program. This means the prop must be used by the skater throughout the routine. It can be thrown, bounced or juggled but control should be maintained. The prop should not be put down on the ice while the skater does jumps & spins. No additional props are permitted.

Props are not allowed on the event Warm-Up. If it is obvious that skater's prop does not meet the following specifications, the panel Referee can determine if any point deduction should be taken.

Choice of One:

- Hoop Must be made from wood or plastic (from a rigid, non-bending material). The hoop diameter should measure between 2 feet 7 inches - 2 feet 11 inches.
- Ball Must be made of rubber or plastic. The ball diameter should measure approximately 7-3/4 inches.
- Ribbon Stick must be made of wood, plastic or fiberglass. Stick length should be between 20-30 inches. Ribbon material should be one single piece of satin or a non-starched fabric. Ribbon width should be 2-4 inches wide and between 6 feet 9 feet long.

Events	Maneuver Limitations	Time
Freestyle 1-3 / Bronze	FS 4 and below	1 min 30 sec
Freestyle 4-5 / Silver	FS 6 and below	1 min 30 sec
Freestyle 6-10 / Gold / Platinum	Any maneuvers	2 min

ENSEMBLE

This event is open to groups of 3-7 skaters of all levels and ages. Skaters will be judged on the performance value of the program. There are no required maneuvers, no maneuver limitations and there is no technical score for this event. The group should use music, costumes & props to enhance the theme while creating an entertaining performance. The costume & prop guidelines are the same as for Solo Spotlight events. Props are not allowed on warm-up. Event groups are divided by number of skaters first and then by age, if necessary. Duration: 3 minutes

PRODUCTION TEAM (All Levels)

This team event is for groups of 8 or more skaters. Team will be judged on the performance value of the program. There are no required maneuvers and no technical score for this event. The group should use music along with elaborate costumes and props to enhance the theme while creating an entertaining performance. Skaters from all levels can participate in this event. Event entries will be divided in to Small / Medium / Large / Extravaganza categories, as registration warrants.

SYNCHRONIZED SKATING

SYNCHRONIZED COMPULSORIES – Formation / Skating

Synchronized Formation and Skating teams must perform 4 or 5 required elements to music, with no additional moves permitted. Teams will be divided by age groups. For details of compulsory maneuvers and program duration limitations, please see the current 2013 edition of ISI Handbook.

SYNCHRONIZED TEAM - Dance / Formation / Skating

This is a group number for 8 or more skaters to perform in unison. They can incorporate various skating formations such as circles, pinwheels, lines, footwork sequences and dance steps. For description of Formation, Skating, and Dance categories, please see 2013 edition of ISI Handbook.

ISI competition is for all levels of achievement will be held Saturday and Sunday, February 4, 5. Skaters must enter at their current test level. Age groups for female and male skaters will be as follows: 5 & under, 6-8, 9-12, 13-15, 16-20, 21-39, and 40 & over. (may be altered due to participation) Events include Freeskating (Tots, Pre-alpha, Alpha, Beta, Gamma, Delta, and FS 1-10, Open); Footwork (FS 1-10); Spotlight (Tots through FS 10): and Stroking (Pre-Alpha through Delta). The new test and competition rule changes as of January 1, 2012, from the ISI handbook will govern the ISI competition events. See ISI website www.skateisi.org for updates.

When there is only one entry in an event, the skater will compete and place according to the rules of the ISI competition Standards. When competing against the book, the skater must now earn 80% of the total possible points to place first in that category.

Not all uncaptured jumps and spins are legal for all levels of competition. The penalty for performing an uncaptured maneuver at the wrong level will be the grade of 2.0 under content on the judges sheets. Check the ISI Handbook for further information.

All routines will start from a stationary position. The timing of the routine will start with any movement.

In Delta, Freestyle 3, 6, 7, 8 certain maneuvers are listed under the heading Choice-Of-One. This means only one should be performed. In the case of misinterpretation of "choice-of-one", the performance of the first maneuver will be graded.

All dance step sequences in Freestyle have mandatory patterns, but may be performed in either direction.

There will be a 10-second leeway in freestyle and spotlight with set duration times. Judging will stop at 10 seconds over the prescribed time. Performing a required maneuver past the 10-second leeway will not be counted. The penalty for skating 11-14 seconds over the prescribed time will be the grade of 8 for the duration; skating 15 seconds or beyond will be a grade of 5. There is no penalty for skating under the prescribed time.

PENNSYLVANIA SKATING CHAMPIONSHIPS T-SHIRT ORDERS - Use the form below to order your 2013 Pennsylvania Skating Championships T-shirt. The T-shirts are long sleeved, and are designed specifically for this competition. T-shirts are \$17.00 each. Pre-paid orders will be accepted by mail through January 4, 2013. There will only be a limited quantity of shirts for sale at the site. You will receive your shirt at the Keystone Games table during competition. Fill out the form below and mail with your entry form. Please include T-shirt fee with your entry fee or provide a separate check payable to: Keystone State Games, PO Box 1166, Wilkes-Barre, PA 18703

COMPLETE AND RETURN WITH YOUR COMPETITION APPLICATION

PENNSYLVANIA SKATING CHAMPIONSHIPS T-SHIRT ORDER FORM

NAME:		CLUB	:		
ADDRESS:		PHON	NE:		
T-SHIRT SIZE: (Check Sele	ction)				
					. – – –
☐ YOUTH	MEDIUM	☐ YOUTH	LARGE	YOUTH X	(-LARGE
☐ ADULT SMALL	☐ ADULT I	MEDIUM	☐ ADULT	LARGE	☐ ADULT X-LARGE

Please provide a separate check for \$17.00 for T-shirt, made payable to Keystone State Games.